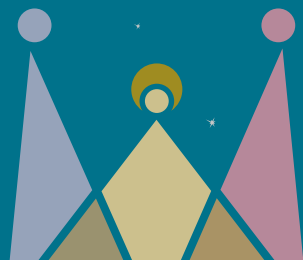


VAL DI SOLE  
winter



ACTIVITIES, EVENTS, EXPERIENCES  
1st - 31st JANUARY 2024





**ossana**

IL BORGO DEI 1000 PRESEPI

**Town center and San Michele Castle**

[www.visitvaldisole.it/en/events/ossana-nativity-scenes](http://www.visitvaldisole.it/en/events/ossana-nativity-scenes)

**Im Zentrum und beim Schloss San Michele**

[www.visitvaldisole.it/de/event/ossana-das-dorf-der-krippen](http://www.visitvaldisole.it/de/event/ossana-das-dorf-der-krippen)

FROM/VOM

**01.12.2023**

TO/BIS

**07.01.2024**

🕒 10.00 – 22.00

**NATIVITY SCENES**

KRIPPEN

**XMAS MARKETS**

XMAS-MÄRKTE

**EVENTS**

VERANSTALTUNGEN





# DANCE MUSIC FESTIVAL

from 8.01 to 13.01 2024

# PEJO MUSIC VILLAGE

MUSIC  
MEETS  
THE MAGIC  
OF WINTER



ARTISTIC DIRECTION  
**GIANMARCO  
BAGUTTI**

[visitvaldipejo.it](http://visitvaldipejo.it)

CONSORZIO TURISTICO PEJO 3000  
Piazza Municipio 5 - Cogolo di Pejo (TN)  
Tel.: +39 0463 754345 - [info@visitvaldipejo.it](mailto:info@visitvaldipejo.it)



BOOKING BY  
 **Portofranco**  
AGENZIA VIAGGI

T. +39 0522 902054



MOVE

#### SPORT

Val di Sole, land of sports and paradise for athletes. From trekking to MBT, move in nature and become the protagonist!

KIDS

#### KIDS

Val di Sole, the valley for families and children: discover a world of activities dedicated to the little guests.

FOOD

#### TASTE

Discover our local products and the gastronomic traditions of Val di Sole.

CULT

#### CULTURE

Discover history, art and the traditions of an ancient land, rich in cultural activities.

H2O

#### WATER

Take care of yourself thanks to the activities organized by the thermal baths of the valley.

FUN

#### EVENTS

Events and shows, activities and entertainment: discover our programs and have fun with us!

WILD

#### NATURE

Immerse yourself in the surrounding nature: discover the magical world of the wood participating in the numerous activities organized by the Stelvio National Park.

**Val di Sole Information Offices - tel. +39 0463 901280 - [info@visitvaldisole.it](mailto:info@visitvaldisole.it)**

**Dimaro** Tel. + 39 0463 986113

**Mezzana** Tel. + 39 0463 757134

**Passo Tonale** Tel. + 39 0364 903838

**Peio** Tel. + 39 0463 753100

**Folgarida** Tel. + 39 0463 986608  
[info@visitdimarofolgarida.it](mailto:info@visitdimarofolgarida.it)

**Commezzadura** Tel. + 39 0463 974840  
[prolococommezzadura@gmail.com](mailto:prolococommezzadura@gmail.com)

**Marilleva 1400** Tel. + 39 0463 757588  
[info@marilleva.it](mailto:info@marilleva.it)

**Pellizzano** Tel. + 39 0463 751183  
[info@pellizzano.com](mailto:info@pellizzano.com)

**Vermiglio** Tel. + 39 0463 758200  
[info@vermigliovacanze.it](mailto:info@vermigliovacanze.it)

**Ossana** Tel. + 39 0463 751301  
[ossanainfo@gmail.com](mailto:ossanainfo@gmail.com)

**Cogolo di Peio** Tel. + 39 0463 754345  
[info@visitvaldipejo.it](mailto:info@visitvaldipejo.it)

**Rabbi** Tel. + 39 0463 985048  
[info@valdirabbi.com](mailto:info@valdirabbi.com)

INFO

[info@visitvaldisole.it](mailto:info@visitvaldisole.it) - [www.visitvaldisole.it](http://www.visitvaldisole.it)

Val di Sole



TRENTINO



## PARADICE MUSIC

Ice concerts

**We invite you to experience  
the music of ice instruments  
in a theatre made of snow.**

**From 4th January to 30th March 2023**  
Passo Paradiso - Presena Glacier

**[www.pontedilegnotonale.com](http://www.pontedilegnotonale.com)**



## from Monday to Friday



**PASSO TONALE** - Loc. Case Sparse

### DOG SLEDDING

13:00  
15:00

An introductory mushing lesson where you will drive the sled dragged by a team of dogs, following the instructor. For a fee. The activity must be booked 3 days in advance. 338 9137697 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PEIO** - Fede Ranch

### A HORSE AS A FRIEND

10:00  
and 14:30

Saddle up and enjoy the quiet winter atmosphere of the wood. If you keep your eyes open, you might even catch a glimpse of some animals moving around in the woods. At your return, a tasty break with local products! For a fee. Booking required by 12:00 of the previous day. 339 7911521 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

## from Monday 1 to Sunday 7 January



**OSSANA** - at San Michele castle

### CHRISTMAS LASER SHOW

17:30  
and 18:15

Lights and Christmas' melodies, the San Michele castle will entertain us with a magnificent laser show. The show is included into the entrance ticket to the castle.



## Monday 1 JANUARY



**DIMARO FOLGARIDA** - Monclassico at Parco Biologo

### THE SHADOW LINE

15:00  
17:00

Walking through the narrow streets of Monclassico and Presson, you will discover with an expert guide the 50 sundials painted on the houses: a real open-air museum! For a fee. Booking required by 12:00 of the day of the activity. 0463 986608 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**DIMARO FOLGARIDA** - Folgarida at the Tourist Information Office

### EVENING EXCURSION TO MALGHETTO DI ALMAZZAGO

17:00  
19:00

Night walk to discover Malghetto di Almazago. You will arrive in one of the most breathtaking points in the area to admire a wonderful view on Val di Sole. For a fee. Booking required by 12:00 of the day of the activity. 0463 986608 - 0463 986113



**MEZZANA** - Ortisé at Casa dell'Ape

### FROM THE WOODS... TO A BEEHIVE\*

14:00  
16:00

A lab to know the world of bees, how to build a beehive and how it works. Together with us you will create a handmade souvenir to take home with you. And finally, you will taste our honey and jams. For a fee. 333 3509094 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PELLIZZANO** - Tourist Information Office

### CAPRIOLI LAKE - VALPIANA\*

09:15  
12:30

Surrounded by fir trees and magical snowy landscape, you will start your walk from the picturesque Caprioli Lake to reach Valpiana, a stunning alpine valley. Elevation gain: 100 m. Hiking difficulty: easy. For a fee. Booking required at Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**OSSANA** - Via Venezia

### RIDE ON SANTA'S SLEIGH

16:00  
19:00

Hop onto Santa's sleigh, and thanks to a special viewer, you'll be able to have a virtual reality view of Santa Claus' world. A special video will give you the extraordinary chance to see just what Santa Claus does on Christmas Eve to make sure that all of the children in Ossana receive their Christmas gifts. For a fee.



**OSSANA** - Christmas markets squares

### XMAS THREE - CHRISTMAS MUSICAL TRIO


16:30  
18:00

New Year concert with a female musical trio



**PEIO** - Peio Paese at bus parking

### COVEL LAKE\*

**14:00**  
**16:30**  
  
The relationship between man and nature characterizes this simple excursion which, among enchanting landscapes and local fauna, will take us to the plain of Covet, where, hidden under the snow, lies a very important carbon reservoir: the peat bog. Elevation gain: 250 m. Hiking difficulty: easy. For a fee. Booking at Peio Visit Centre, Rabbi Park Info Point, Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

**FU** **RABBI** - San Bernardo

### CHRISTMAS MARKETS

**15:30**  
**18:00**  
with music from 'Zampognari delle Dolomiti'. Taste also delicious omelettes thanks to Gruppo Penasa!

**FU** **RABBI** - San Bernardo

### HAPPY NEW YEAR TORCHLIGHT PARADE

**18:00**  
with Ski Club Rabbi

## Tuesday 2 JANUARY

**CU** **CROVIANA** - MMape

### BEE'S WRAP\*

**15:30**  
**17:30**  
A lab for creating a beeswax for food. Afterwards you can visit the bee museum. For a fee. 328 3285780

**MO** **DIMARO FOLGARIDA** - Folgarida at the ticket office of Belvedere cable car

### EXCURSION TO RONZOLA FARMSTEADS IN FOLGARIDA\*

**09:45**  
**12:00**  
Easy snowshoe hike along marked trails in the Adamello Brenta Natural Park at the foot of the beautiful Brenta Dolomites reaching some typical mountain farmsteads completely immersed in silent nature. For a fee. 0463 986113 - 0463 986608

**MO** **DIMARO FOLGARIDA** - Dimaro at the Tourist Information Office

### EVENING EXCURSION IN VAL MELEDRIO\*

**17:00**  
**19:00**  
An easy hike into the winter nature of Dimaro Folgarida towards the Val Meledrio. A valley, rich not only in nature but also in cultural practices, thanks to the ecomuseum. For a fee. Booking required by 12:00 of the day of the activity. 0463 986608 - 0463 986113



**COMMEZZADURA** - Mestriago at Tourist Information Office

### TO THE MALGHETTO DI ALMAZZAGO\*

**09:15**  
**12:30**  
A pleasant easy walk to Malghetto di Almazago from where you can enjoy an enchanting view of Val di Sole. Elevation gain: 100 m. Hiking difficulty: easy. For a fee. Booking required at Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**MEZZANA** - Ortisè at Casa dell'Ape

### FROM THE WOODS...TO A BEEHIVE\*

**14:00**  
**16:00**  
A lab to know the world of bees, how to build a beehive and how it works. Together with us you will create a handmade souvenir to take home with you. And finally, you will taste our honey and jams. For a fee. 333 3509094 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**OSSANA** - Via Venezia

### RIDE ON SANTA'S SLEIGH

**16:00**  
**19:00**  
Hop onto Santa's sleigh, and thanks to a special viewer, you'll be able to have a virtual reality view of Santa Claus' world. A special video will give you the extraordinary chance to see just what Santa Claus does on Christmas Eve to make sure that all of the children in Ossana receive their Christmas gifts. For a fee.



**OSSANA** - Piazza San Vigilio & Via Venezia

### BEFANA IS COMING!

**17:30**  
**19:00**  
The nice old lady will come to the town of Ossana visiting kids. Will she carry sweets or charcoal?



**VERMIGLIO** - Vicolo Somacort, 31

### DISCOVER THE SECRETS OF KNITTING\*

**10:30**  
**11:30**  
Soft wool transformed into warm and comfortable tailor-made clothes, ready to wear! Come to visit Viola and observe transforming the wool of the sheeps from Val di Peio into knitwear and make a cute sheep-shaped pin to take home. For a fee. 346 1539427 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PASSO TONALE** - Tourist Information Office

### ALTIPTORTO\*

**14:00**  
**16:30**  
An easy loop trail towards the altiporto (mountain landing strip) from where we will enter into the forest, leaving traffic noise behind us, and start to search for tracks left by wild animals that inhabit the forest while learning how to move safely in the mountains during the winter season. Elevation gain: 100 m. Hiking difficulty: easy. For a fee. Booking required at Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PASSO TONALE** - Valena slope

### SKIING AT NIGHT

**20:30** Skipasses available for purchase onsite. In case of bad  
**23:00** weather, the activity will not take place.



**PEIO** - Peio Paese at bus parking

### THE WORLD OF SILENCE\*

**09:00** A whole day in the snow, listening to the animals that  
**16:00** observe us hidden from the branches of the trees,  
crossing fir and larch woods, up to the high-altitude  
clearings where the panorama opens up over Val di  
Peio. The Protected Area hides many secrets, come and  
discover them with the Park's experts. Elevation gain:



550 m. Hiking difficulty: medium. For a fee. Booking  
required at Peio Visit Centre, Rabbi Park Info Point, Tourist  
Information Offices or on the website  
www.visitvaldisole.it



**PEIO** - Casanova Farm

### A VISIT TO CASANOVA FARM\*

**17:00** Discover the life of a mountain farmer, his world and his  
**18:30** animals. For a fee. 0463 754345 - 0463 753100



**RABBI** - Loc. Plan at Centro Fondo

### FREE CROSS-COUNTRY SKI LESSONS AT NIGHT IN THE STELVIO NATIONAL PARK\*

**14:00** Discover the pleasure of skiing slowly following your rhythm  
**16:00** and admiring the beauties of Stelvio National Park with an  
instructor. For a fee. 334 6009218 - 0463 985048

Wednesday **3** JANUARY



**DIMARO FOLGARIDA** - Monclassico at the train station

### FOREST BATHING & ECOART\*

**09:45** Thanks to forest bathing, we will develop a connection with  
**12:15** nature through our senses. We will have fun with ecoart and  
snowart, through dynamic and creative activities. For a fee.  
0463 986608 - 0463 986113



**DIMARO FOLGARIDA** - Dimaro at Ristorante Dolomiti

### BUSHCRAFT

**14:00** Learn how to survive in the wilderness, without any modern  
**17:00** comforts: you will find all the things you need in the wood.  
For a fee. The activity must be booked 2 days in advance.  
0463 636175 or on the website www.visitvaldisole.it



**DIMARO FOLGARIDA** - Monclassico at Maso Toffe

### NONNA OLIVA'S POLENTA

**16:30** Help Leonardo light the fire and prepare the typical  
**20:30** Trentino polenta following the recipe of Granny Oliva. And  
afterwards... let's enjoy the traditional cuisine combined with  
excellent products and mulled wine from Maso Toffe. For a  
fee. Booking required by 16:00 of the previous day.  
342 5529282 or on the website www.visitvaldisole.it



**DIMARO FOLGARIDA** - Presson at the church

### DIVINUS

**17:00** Taste local products with an expert that will tell you about  
**19:00** culinary traditions of Val di Sole in the magical atmosphere  
of a "Volt" (cellar) of 1700s. For a fee. Booking required by  
the 12:00 of the previous day. 0463 986608 - 0463 986113



**MEZZANA** - Marilleva 1400 at the Tourist Information Office

### DISCOVER VAL PANCIANA\*

**09:15** Starting right in the heart of the Skiarea Campiglio Dolomiti  
**12:30** di Brenta, we will reach the Orso Bruno Mountain hut, where  
you can enjoy a fantastic view of the Brenta Dolomites.  
Elevation gain: 250 m. Hiking difficulty: easy/medium. For  
a fee. Booking required at Tourist Information Offices or on  
the website www.visitvaldisole.it



**MEZZANA** - Piazzale Cassa Rurale

### BABY DISCO SHOW

**16:00** Lots of fun for kids with Dj Silvo and Giorgi!  
**17:30**



**OSSANA** - Via Venezia

### RIDE ON SANTA'S SLEIGH

**16:00** Hop onto Santa's sleigh, and thanks to a special viewer,  
**19:00** you'll be able to have a virtual reality view of Santa Claus' world. A special video will give you the extraordinary chance  
to see just what Santa Claus does on Christmas Eve to  
make sure that all of the children in Ossana receive their  
Christmas gifts. For a fee.





**OSSANA** - Christmas markets squares

## CHRISTMAS MEDLEY

17:00

19:00

Itinerant concert with sax and accordion



**OSSANA** - Via Venezia

## BEFANA'S HOUSE

17:00

19:00

Visit her house! Free activity



**VERMIGLIO** - Teatro Polo Culturale

## CONCERT BY OSSANA - VERMIGLIO BAND

starting  
from 21:00

with new year lottery!



**PASSO TONALE** - Grand Hotel Miramonti

## DEFYING AEOLUS

09:00

12:00

Have you ever tried snowkite at Passo Tonale? An exciting adrenaline-filled winter sport that allows you to whizz on white slopes with a snowboard or ski through the white mountain of Tonale. For a fee. The activity must be booked 3 days in advance and in case of favourable wind conditions. 327 2041363 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PEIO** - Peio Fonti at Peio Thermal Spa

## MOUNTAIN WELLNESS AND GOODNESS\*

10:00

13:00

Relax yourself in an alpine stube with the aromatic scent of Swiss stone pine wood. The sauna, Turkish bath and whirlpool will be completely at your disposal. For a fee. 0463 753226 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PEIO** - Cogolo at Pejo Craft Brewery

## GUIDED TOUR TO A CRAFT BREWERY AND BEER SAMPLING\*

17:00

18:30

Discover the secrets behind the production of the excellent craft beer brewed with the precious spring water of Val di Peio. Sample various types of beers, paired with a selection of local products. For a fee. 377 4386829 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PEIO** - Peio Fonti's church

## ARMONICI CANTORI SOLANDRI IN CONCERT

21:00

22:30

The alpine quartet will perform a cappella traditional and popular mountain music.



**PEIO** - Peio Fonti at Piazzale Telecabina

## A STARRY SKY\*

21:00

23:00

An adventurous evening in the woods! As we listen to the sounds of nature at night, we will discover a whole new world that, after sunset, is usually only inhabited by animals! During our outing we will also have a look at the sky to learn how to spot various constellations. Elevation gain: 200 m. Hiking difficulty: easy. For a fee. Booking required at Peio Visit Centre, Rabbi Park Info Point, Tourist Information Offices or at the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**RABBI** - San Bernardo at Kneipp path

## BAREFOOTING

14:00

15:30

Thanks to an expert naturopath you will discover the benefits of barefooting. At the end, enjoy a tasty snack at the Pasticceria Silvia. For a fee. Booking required by 12:00 of the day of activity. 0463 985048 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

## Thursday 4 JANUARY



**MALÈ** - Swimming pool car park

## LOOKING AT THE STARS

16:30

19:30

At dusk, with crampons on the feet, from Malè to the beginning of the woods: are you ready to start a fire with a mountain guide discovering the main constellations of the sky? For a fee. The activity must be booked 2 days in advance. 347 7457328 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**CROVIANA** - MMape

## APERITHE\*\*

15:30

17:30

Discover the different local varieties of honey accompanied by wild flowers teas. It will be followed by a visit to the bee's museum. For a fee. 328 3285780



**DIMARO FOLGARIDA** - Dimaro at Trentino Wild

## CYCLING ON THE SNOW IN VALPIANA

09:00

12:00

Riding an e-bike from Pellizzano to the Ossana alpine hut Malga del Doss. For a fee. Booking required by 12:00 of the previous day. 340 2175873 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**MEZZANA** - at the train station

## A TRAINLOAD OF TASTE\*

09:15

17:00

Travel on board the valley's train with a local guide to discover the flavours of Trentino. Savour typical products and end the experience with delicious finger food paired with Trentino wines. For a fee. 0463 986608 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PELLIZZANO** - Birreria Stal

### **MALGA STABLI\***

09:15

15:30

We will reach Malga Bronzolo (alpine hut) starting from the town of Ortisé as we are accompanied by an amazing view of the snow-covered peaks of the Presanella. And before returning to the starting point, we will enjoy several traditional Trentino dishes at Malga Stabli. Elevation gain: 600 m. Hiking difficulty: medium. For a fee. Booking required at Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**OSSANA** - Via Venezia

### **RIDE ON SANTA'S SLEIGH**

16:00

19:00

Hop onto Santa's sleigh, and thanks to a special viewer, you'll be able to have a virtual reality view of Santa Claus' world. A special video will give you the extraordinary chance to see just what Santa Claus does on Christmas Eve to make sure that all of the children in Ossana receive their Christmas gifts. For a fee.



**OSSANA** - Via Venezia

### **BEFANA'S HOUSE**

17:00

19:00

Visit her house! Free activity



**OSSANA** - Christmas markets squares

### **THE QUEEN OF THE SNOW**

17:00

19:00

Magic show



**PASSO DEL TONALE** - Presena Glacier

### **PARADISE MUSIC - PARADISE ORCHESTRA: BEATLES, THE WHITE CONCERT!**

16:00

and 18:00

Chance to enjoy an high altitude dinner at Paradiso Restaurant starting from 19:00. More info: [www.pontedilegnotonale.com](http://www.pontedilegnotonale.com)



**PASSO TONALE** - Valena slope

### **SKIING AT NIGHT**

20:30

23:00

Skipasses available for purchase onsite. In case of bad weather, the activity will not take place.



**PEIO** - Cogolo at Centro Fondo Biancaneve

### **FREE CROSS-COUNTRY SKI LESSONS\***

10:00

12:00

You will learn the techniques of cross-country skiing with our ski instructors. Equipment rental for a fee. 0463 754345 - 0463 753100



**PEIO** - Cogolo at Chalet Alpenrose

### **A SOLANDRA COOKING CLASS**

10:00

12:00

Learn how the typical dishes of Trentino are prepared and taste their authentic and genuine flavours. At the end of the activity, you will receive a recipe book. For a fee. Booking required by 12:00 of the previous day. 0463 754088 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PEIO** - Peio Paese at bus parking

### **THE COVEL LAKE\***

14:00

16:30



The relationship between man and nature characterizes this simple excursion which, among enchanting landscapes and local fauna, will take us to the plain of Covell, where, hidden under the snow, lies a very important carbon reservoir: the peat bog. Elevation gain: 250 m. Hiking difficulty: easy. For a fee. Booking at Peio Visit Centre, Rabbi Park Info Point, Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PEIO** - Cogolo at Piazza Monari

### **A RIDE IN A HORSE-DRAWN SLEIGHT**

16:00

19:00

In the town of Cogolo accompanied by the bagpipe of Nino Carriglio. For a fee. Booking required. 0463 754345 - 0463 753100



**RABBI** - Somrabbi at Casel

### **GUIDED TOUR TO SOMRABBI'S CASEL\***

15:00

16:00

Free guided tour to Somrabbi's Casel (dairy), an ancient "caseificio turnario" now turned into a museum. Booking is required by 17:00 of the previous day at Rabbi Park Info Point and Peio Visit Centre

Friday **5** JANUARY



**CALDES** - Samoclevo at Agritur il Tempo delle Mele

### **DISCOVER ALPINE CHEESE AND LOCAL SURROUNDINGS THROUGH ALL 5 SENSES\***

16:30

18:00

Discover with an expert the characteristics of alpine cheeses with the 5 senses. An experience to taste paired with fine wines and local products. For a fee. 347 9558401 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**MALÉ** - Andreis Bike Rent

### **WINTER ON 2 WHEELS**

10:00

13:00

Discover the most appreciated landscapes of the beginning of Val di Sole and Val di Rabbi on an e-bike. For a fee. Booking required by the previous Wednesday. 338 6076376 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**DIMARO FOLGARIDA** - Folgarida at the Tourist Information Office

### MALGA DI DIMARO - BAITA CIOCOMITI\*

**09:15**  
**15:30**  
We will walk up to the Malga di Dimaro alpine diary from where you can enjoy a striking view of the Brenta Dolomites and then we continue to the Baita Cioccomiti – Malga Vigo alpine restaurant where we will taste a delicious lunch. Elevation gain: 300 m. Hiking difficulty: medium. For a fee. Booking required at Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**MEZZANA** - Ortisé at Casa dell'Ape

### FROM THE WOODS...TO A BEEHIVE\*

**14:00**  
**16:00**  
A lab to know the world of bees, how to build a beehive and how it works. Together with us you will create a handmade souvenir to take home with you. And finally, you will taste our honey and jams. For a fee. 333 3509094 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**MEZZANA** - Marilleva 1400 at the start of Copai – Malga Panciana cable car

### THE QUEEN OF THE SNOW

**15:00**  
**16:30**  
Magic show



**MEZZANA** - Caseificio Presanella

### THE SCENT OF TRADITION: IN THE CHEESE VAULT

**16:00**  
**17:30**  
Take a closer look to the expert hands of the dairyman at the Caseificio Presanella dairy transforming milk into cheese. Then off you go to visit the cheesew aging area, where you can see the thousands of wheels of Trentingrana cheese become a one of a kind product. Taste their intense and delicious flavour! For a fee. Booking required by 12:00 of the previous day. 0463 757282 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PELLIZZANO** - Agritur Bontempelli

### RIDE INTO A FAIRY TALE\*

**16:30**  
**18:30**  
Snow, clogs and bells! Just like in a fairy tale, hop into the carriage and let Jenny and Gelo, the inseparable pair of blond Halfinger horses, take you on a special ride. Through the wood and the countryside till Pellizzano, surrounded by a magical atmosphere. For a fee. 348 4876411 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**OSSANA** - Via Venezia

### RIDE ON SANTA'S SLEIGH

**16:00**  
**19:00**  
Hop onto Santa's sleigh, and thanks to a special viewer, you'll be able to have a virtual reality view of Santa Claus' world. A special video will give you the extraordinary chance to see just what Santa Claus does on Christmas Eve to make sure that all of the children in Ossana receive their Christmas gifts. For a fee.



**OSSANA** - Christmas markets squares

### STORY HUNTERS

Discover stories and legends with 'L'Om de le foie'



**OSSANA** - Via Venezia

### BEFANA'S HOUSE

Visit her house! Free activity



**OSSANA** - San Vigilio's church

### CHRISTMAS CONCERT

with Piccola Arena trio: Maria Letizia Grosselli (soprano)  
Lorenzo Ricchielli (sax) and Tiziano Rossi (organ and piano)



**VERMIGLIO** - Piazza Giovanni XXIII

### VISIT DAZI AND ITS NATIVITY SCENES

and taste canederli (duplings)! Music with the Cantori da Vermei. For a fee. Booking recommended. 346 4935088 – 0463 758200



**PASSO TONALE** - Grand Hotel Miramonti

### DEFYING AEOLUS

**09:00**  
**12:00**

Have you ever tried snowkite at Passo Tonale? An exciting adrenaline-filled winter sport that allows you to whizz on white slopes with a snowboard or ski through the white mountain of Tonale. For a fee. The activity must be booked 3 days in advance and in case of favourable wind conditions. 327 2041363 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PASSO TONALE** - Tourist Information Office

### PRESENA GLACIER\*

**09:00**  
**12:00**

Once you get off the Paradiso gondola, wearing snowshoes in fresh snow, you will immerse yourself in a spectacular, unique, panoramic and authentic high-altitude natural environment. Elevation gain: 150 m. Hiking difficulty: medium. For a fee. Booking required at Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PASSO DEL TONALE** - Paradiso slope

### TORCHLIGHT PARADE AND FIREWORKS SHOW

Afterwards music and mulled wine for everybody

KI  
DS  
10:00  
11:00

**PEIO - Fede Ranch**  
**GETTING TO KNOW FEDERICA'S ANIMALS\***

Have you ever seen hens, bunnies, goats, ponies and donkeys? Federica breeds them just like in the past, in complete freedom. To finish off a nice ride on the horses. For a fee. 0463 754345 - 0463 7531000

KI  
DS  
17:30  
18:30

**PEIO - Peio Fonti at Piazzale Terme**  
**BEFANA IS COMING**

with sweets for good kids

Val di Sole  
WOW

**PEIO - Peio Fonti at Peio Thermal Spa**  
**MOUNTAIN WELLNESS AND GODNESS DELUXE**

19:30 Relax yourself in an alpine stube with the aromatic scent  
23:30 of Swiss stone pine wood. The sauna, Turkish bath and whirlpool will be completely at your disposal. At the end, you can taste local products. For a fee. Booking is required by 12:00 of the previous day. 0463 753226 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

Muover  
Si

**PEIO - Peio Fonti at Piazzale Telecabina**  
**A STARRY SKY\***

21:00 An adventurous evening in the woods! As we listen to the  
23:00 sounds of nature at night, we will discover a whole new world that, after sunset, is usually only inhabited by animals! During our outing we will also have a look at the sky to learn how to spot various constellations. Elevation gain: 200 m. Hiking difficulty: easy. For a fee. Booking required at Peio Visit Centre, Rabbi Park Info Point, Tourist Information Offices or at the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

Muover  
Si

**RABBI - Rabbi Fonti at Park Info Point**  
**LOOKING FOR TRACKS AND FOOTPRINTS OF THE PARK'S ANIMALS\***

09:00 A pleasant walk through the woods to discover all of  
12:00 the tracks in the snow left by animals. The silence of the forest in the Stelvio National Park, broken only by the gurgling sound of the Rabbies River and the sounds of the inhabitants of the woods, will accompany us as we walk past the waterfall of the Ragaiolo stream and reach the ancient Venetian sawmill. Elevation gain: 140 m. Hiking difficulty: easy. For a fee. Booking required at Rabbi Park Info Point, Peio Visit Centre, Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

Saturday **6** JANUARY

FU  
N★  
20:30  
22:00

**TERZOLAS - Palazzo Torraccia**  
**BEFANA'S BINGO**

Bingo with rich prizes at Palazzo Torraccia, a noble house of the '500. Sale of bingo folders from 20:00. 338 3597450

Muover  
Si

**MALÉ - Piazzale Goardi car park (Via Molini)**  
**AMONG THE BOLENTINA ALPINE DIARIES\***

09:15 A wonderful snowshoe outing among alpine dairies and  
12:30 snow covered stretches of open land as you admire the Cimon de Bolentina peak in the background and an amazing view of Val di Sole. Elevation gain: 350 m. Hiking difficulty: medium. For a fee. Booking required at Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

FU  
N★

**DIMARO FOLGARIDA - Folgarida at black slope**  
**LIGHT MY FIRE: THE TORCHLIGHT PARADE OF FOLGARIDA**

18:00 The Consorzio Dimaro Folgarida Vacanze with Folgarida  
19:00 Dimaro and Daolasa ski schools and Funivie Folgarida Marilleva organizes the torchlight parade. During the event there will be mulled wine and hot apple juice for everybody!

KI  
DS

**COMMEZZADURA - Mestriago at Municipality square**  
**WAITING FOR... BEFANA!**

16:30 She will carry sweets for kids. Afterwards mulled wine and  
18:00 hot tea thanks to Gruppo Alpini and *panettone* thanks to Gruppo Giovani Commezzadura.

OSSANA

**OSSANA - Via Venezia**  
**RIDE ON SANTA'S SLEIGH**

16:00 Hop onto Santa's sleigh, and thanks to a special viewer,  
19:00 you will be able to have a virtual reality view of Santa Claus' world. A special video will give you the extraordinary chance to see just what Santa Claus does on Christmas Eve to make sure that all of the children in Ossana receive their Christmas gifts. For a fee.

OSSANA

**OSSANA - Christmas markets squares**  
**FANTASY SHOW**  
with Moris&Genny

17:00  
19:00

OSSANA

**OSSANA - Via Venezia**  
**BEFANA'S HOUSE**  
Visit her house! Free activity


17:00  
19:00

FU  
N★  
20:30  
22:00


**VERMIGLIO** - Teatro Polo Culturale  
**PARADICE MUSIC: VINCENZO PERFORMS  
SONGS BY DE ANDRE**

FU  
N★  
16:00  
17:00

**PASSO DEL TONALE** - Presena Glacier  
**PARADICE MUSIC – PARADICE BAND:  
MUSIC FROM VASCO TO LIGABUE**  
Info and tickets: [www.pontedilegnotonale.com](http://www.pontedilegnotonale.com)

 **PEIO** - Peio at the arrival of Tarlenta cable car  
**IT'S EASY TO SAY...SNOW!\***  
10:15  
12:30

We know it with only one name but, in reality, snow has many shapes, textures and differences, each with its own specific name. Do you know how it's called when the sun melts it? Or when the temperature range makes it shine like a jewel? Find out with the expert guides of the Park. Elevation gain: 100 m. Hiking difficulty: easy. For a fee. Extra fee for the cable car. Booking required at Peio Visit Centre, Rabbi Park Info Point, Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



FU  
N★  
17:30  
18:30


**PEIO** - Cogolo at Biancaneve slope & Peio Fonti at Mezoli slope  
**TORCHLIGHT PARADE WITH SKI &  
SNOWBOARD SCHOOL VAL DI PEJO**  
Magic show with colors, snow and fire! Greetings to the Befana with ski instructors.

KI  
DS  
17:30  
18:30

**PEIO** - Cogolo at Piazza Monari  
**BEFANA IS COMING**  
with sweets for kids

MO  
VE  
10:00  
12:00

**RABBI** - Loc. Plan at Centro Fondo  
**FREE NIGHT CROSS-COUNTRY SKI  
LESSONS IN THE STELVIO NATIONAL PARK\***  
Discover the pleasure to ski slowly following your rhythm and admiring the beauties of Stelvio National Park with an instructor. For a fee. 334 6009218 - 0463 985048


 **RABBI** - San Bernardo at Kneipp path  
**BAREFOOTING**  
14:00  
15:30

Thanks to an expert naturopath you will discover the benefits of barefooting. At the end, enjoy a tasty snack at the Pasticceria Silvia. For a fee. Booking required by 12:00 of the day of activity. 0463 985048 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)


Sunday **7** JANUARY

MO  
VE  
14:00  
16:30


**DIMARO FOLGARIDA** - Dimaro at the Tourist Information Office  
**EVENING EXCURSION IN VAL MELEDRIO\***  
In Val Meledrio among the sounds of the wood, the gurgling of the stream and an enchanted landscape, mountain guides will accompany you throughout the afternoon to discover the beauty of the area equipped with snow rackets. For a fee. 0463 986608 - 0463 986113

 **RABBI** - Rabbi Fonti at Park Info Point  
**LOOKING FOR TRACKS AND FOOTPRINTS  
OF THE PARK'S ANIMALS\***  
09:00  
12:00


A pleasant walk through the woods to discover all of the tracks in the snow left by animals. The silence of the forest in the Stelvio National Park, broken only by the gurgling sound of the Rabbies River and the sounds of the inhabitants of the woods, will accompany us as we walk past the waterfall of the Ragaiole stream and reach the ancient Venetian sawmill. Elevation gain: 140 m. Hiking difficulty: easy. For a fee. Booking required at Rabbi Park Info Point, Peio Visit Centre, Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



Monday **8** JANUARY

 **DIMARO FOLGARIDA** - Loc. Malghet Aut  
**SKI PERFORMANCE VIDEO**  
14:00  
15:00

A ski lesson with a national or federal certified coach, who will correct you through a video while you ski. For a fee. The activity must be booked 2 days in advance. 0463 986350 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

 **DIMARO FOLGARIDA** - Monclassico at Parco Biologo  
**THE SHADOW LINE**  
15:00  
17:00

Walking through the narrow streets of Monclassico and Presson, you will discover with an expert guide the 50 sundials painted on the houses: a real open-air museum! For a fee. Booking required by 12:00 of the day of the activity. 0463 986608 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



# VAL DI SOLE

## — WOW —

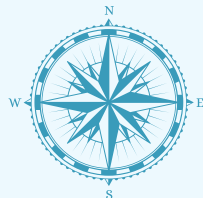
Discover the best experiences to have in Val di Sole. Follow your vibe and choose the one that suits you best! Book your experience online or at the information offices

**#valdisolevibes**

Collect at least 2 experiences and pick up your **FREE VAL DI SOLE WOW HAT** at the Val di Sole information offices  
[visitvaldisole.it/en/wow-experiences](https://www.visitvaldisole.it/en/wow-experiences)



-  Roads
-  Ski Tram
-  Ski lifts
-  Alpine dairy
-  Mountain hut
-  Dairy



Ortles Cevidale



PARCHIO NAZIONALE DELLO STELVEIO



PEJO 3000



Laghetto di Piano del Viz

Skiarea Pejo 3000



PEJO PAESE



VAL DI PEJO



Terme di Pejo

PEJO FONTE



COCOLO

VERMICIGLIO



Forse Strino

Skiarea Ponte di Legno Tonale

PASSO TONALE



OSSANA

MARILLEVA 900



Lago dei Coproni

MARILLEVA 1400



COMMEZZADURA



Lago Val Assolatorina

FOLGARIDA



PARCHIO NAZIONALE ADAMELLO BRENTA

Skiarea Campiglio Dolomiti di Brenta

MADONNA DI CAMPIGLIO



PINZOLO

PRESENA 3000



Prezonalta



Dolomiti di Brenta



Illustration and design: Anna Formilan

**MOV** **DIMARO FOLGARIDA** - Folgarida at the Tourist Information Office  
**EVENING EXCURSION TO MALGHETTO DI ALMAZZAGO**

17:00 Night walk to discover Malghetto di Almazzago. You will  
19:00 arrive in one of the most breathtaking points in the area to  
admire a wonderful view on Val di Sole. For a fee. Booking  
required by 12:00 of the day of the activity. 0463 986608 -  
0463 986113

**Val di Sole**  
**WOW** **MEZZANA** - Ortisè at Casa dell'Ape  
**FROM THE WOODS...TO A BEEHIVE\***

14:00 A lab to know the world of bees, how to build a beehive and  
16:00 how it works. Together with us you will create a handmade  
souvenir to take home with you. And finally, you will taste  
our honey and jams. For a fee. 333 3509094 or on the  
website [www.visitvaldisole.it](http://www.visitvaldisole.it)

**MOV** **VERMIGLIO** - Centro Fondo  
**FREE CROSS-COUNTRY SKI LESSONS\***

14:00 You will learn the techniques of cross-country skiing with  
16:00 our ski instructors. Equipment rental for a fee. 0463 758200  
- 0364 903838

**FUN**  
**★** **PEIO** - Peio Fonti at Peio Thermal Spa  
**PEJO MUSIC VILLAGE**

17:30 Follow the rhythm of music with ballroom dancing concert!  
19:00

**Tuesday 9 JANUARY**

**MOV** **DIMARO FOLGARIDA** - Folgarida at the ticket office of Belvedere cable car  
**EXCURSION TO RONZOLA FARMSTEADS IN FOLGARIDA\***

09:45 Easy snowshoe hike along marked trails in the Adamello  
12:00 Brenta Natural Park at the foot of the beautiful Brenta  
Dolomites reaching some typical mountain farmsteads  
completely immersed in silent nature. For a fee.  
0463 986113 - 0463 986608

**MOV** **DIMARO FOLGARIDA** - Dimaro at the Tourist Information Office  
**EVENING EXCURSION IN VAL MELEDRIO\***

17:00 An easy hike in to the winter nature of Dimaro Folgarida  
19:00 towards the Val Meledrio. A valley, rich not only in nature  
but also in cultural practices, thanks to the ecomuseum. For  
a fee. Booking required by 12:00 of the day of the activity.  
0463 986608 - 0463 986113

**Val di Sole**  
**WOW** **MEZZANA** - Ortisè at Casa dell'Ape  
**FROM THE WOODS...TO A BEEHIVE\***

14:00 A lab to know the world of bees, how to build a beehive and  
16:00 how it works. Together with us you will create a handmade  
souvenir to take home with you. And finally, you will taste  
our honey and jams. For a fee. 333 3509094 or on the  
website [www.visitvaldisole.it](http://www.visitvaldisole.it)

**Val di Sole**  
**WOW** **VERMIGLIO** - Vicolo Somacort, 31  
**DISCOVER THE SECRETS OF KNITTING\***

10:30 Soft wool transformed into warm and comfortable tailor-  
11:30 made clothes, ready to wear! Come to visit Viola and  
observe transforming the wool of the sheeps from Val di  
Peio into knitwear and make a cute sheep-shaped pin to  
take home. For a fee. 346 1539427 or on the website  
[www.visitvaldisole.it](http://www.visitvaldisole.it)

**Augver**  
**Si** **PASSO TONALE** - Tourist Information Office  
**ALTIPORTO\***

14:00 An easy loop trail towards the altiporto (mountain landing  
16:30 strip) from where we will enter into the forest, leaving traffic  
noise behind us, and start to search for tracks left by wild  
animals that inhabit the forest while learning how to move  
safely in the mountains during the winter season. Elevation  
gain: 100 m. Hiking difficulty: easy. For a fee. Booking  
required at Tourist Information Offices or on the website  
[www.visitvaldisole.it](http://www.visitvaldisole.it)

**MOV** **PASSO TONALE** - Valena slope  
**SKIING AT NIGHT**

20:30 Skipasses available for purchase onsite. In case of bad  
23:00 weather, the activity will not take place.

**MOV** **PEIO** - Cogolo at Centro Fondo Biancaneve  
**FREE CROSS-COUNTRY SKI LESSONS\***

10:00 You will learn the techniques of cross-country skiing with  
12:00 our ski instructors. Equipment rental for a fee. 0463 754345  
- 0463 753100

**FUN**  
**★** **PEIO** - Lo Scoiattolo Refuge  
**PEJO MUSIC VILLAGE**

13:30 Follow the rhythm of music with ballroom dancing concert!  
15:30

**FO**  
**OD** **PEIO** - Casanova Farm  
**A VISIT TO CASANOVA FARM\***

17:00 Discover the life of a mountain farmer, his world and his  
18:30 animals. For a fee. 0463 754345 - 0463 7531000





**PEIO** - Peio Fonti at Piazzale Telecabina

### **A STARRY SKY\***

**21:00**  
**23:00**

An adventurous evening in the woods! As we listen to the sounds of nature at night, we will discover a whole new world that, after sunset, is usually only inhabited by animals! During our outing we will also have a look at the sky to learn how to spot various constellations. Elevation gain: 200 m. Hiking difficulty: easy. For a fee. Booking required at Peio Visit Centre, Rabbi Park Info Point, Tourist Information Offices or at the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**FU**  
**N★**

**PEIO** - Celledizzo - Palestra Polo Scolastico

### **PEJO MUSIC VILLAGE**

**21:00**  
**23:00**

Follow the rhythm of music with the Gianmarco Bagutti's Orchestra and the special guests Marco & i Niagara, Luca Canali, Marco & i Clan

## **Wednesday 10 JANUARY**

**MO**  
**VE**

**09:45**  
**12:15**

**DIMARO FOLGARIDA** - Monclassico at the train station

### **FOREST BATHING & ECOART\***

Thanks to forest bathing, we will develop a connection with nature through our senses. We will have fun with ecoart and snowart, through dynamic and creative activities. For a fee. 0463 986608 – 0463 986113



**14:00**  
**17:00**

**DIMARO FOLGARIDA** - Dimaro at Ristorante Dolomiti

### **BUSHCRAFT**

Learn how to survive in the wilderness, without any modern comforts: you will find all the things you need in the wood. For a fee. The activity must be booked 2 days in advance. 0463 636175 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**16:30**  
**20:30**

**DIMARO FOLGARIDA** - Monclassico at Maso Toffe

### **NONNA OLIVA'S POLENTA**

Help Leonardo light the fire and prepare the typical Trentino polenta following the recipe of Granny Oliva. And afterwards... let's enjoy the traditional cuisine combined with excellent products and mulled wine from Maso Toffe. For a fee. Booking required by 16:00 of the previous day. 342 5529282 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

**FO**  
**OD**

**17:00**  
**19:00**

**DIMARO FOLGARIDA** - Presson at the church

### **DIVINUS**

Taste local products with an expert that will tell you about culinary traditions of Val di Sole in the magical atmosphere of a "Volt" (cellar) of 1700s. For a fee. Booking required by the 12:00 of the previous day. 0463 986608 - 0463 986113



**MEZZANA** - Marilleva 1400 at the Tourist Information Office

### **DISCOVER VAL PANCIANA\***

**09:15**  
**12:30**

Starting right in the heart of the Skiarea Campiglio Dolomiti di Brenta, we will reach the Orso Bruno Mountain hut, where you can enjoy a fantastic view of the Brenta Dolomites. Elevation gain: 250 m. Hiking difficulty: easy/medium. For a fee. Booking required at Tourist Information Offices or on the [www.visitvaldisole.it](http://www.visitvaldisole.it)



**09:00**  
**12:00**

**PASSO TONALE** - Grand Hotel Miramonti

### **DEFYING AEOLUS**

Have you ever tried snowkite at Passo Tonale? An exciting adrenaline-filled winter sport that allows you to whizz on white slopes with a snowboard or ski through the white mountain of Tonale. For a fee. The activity must be booked 3 days in advance and in case of favourable wind conditions. 327 2041363 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**10:00**  
**13:00**

**PEIO** - Peio Fonti at Peio Thermal Spa

### **MOUNTAIN WELLNESS AND GOODNESS\***

Relax yourself in an alpine stube with the aromatic scent of Swiss stone pine wood. The sauna, Turkish bath and whirlpool will be completely at your disposal. For a fee. 0463 753226 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

**FU**  
**N★**

**13:30**  
**15:30**

**PEIO** - Doss dei Gembri Refuge

### **PEJO MUSIC VILLAGE**

Follow the rhythm of music with ballroom dancing concert!



**14:00**  
**16:30**

**PEIO** - Peio Paese at bus parking

### **COVEL LAKE\***

The relationship between man and nature characterizes this simple excursion which, among enchanting landscapes and local fauna, will take us to the plain of Covell, where, hidden under the snow, lies a very important carbon reservoir: the peat bog. Elevation gain: 250 m. Hiking difficulty: easy. For a fee. Booking at Peio Visit Centre, Rabbi Park Info Point, Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**17:00**  
**18:30**

**PEIO** - Cogolo at Pejo Craft Brewery

### **GUIDED TOUR TO A CRAFT BREWERY AND BEER SAMPLING\***

Discover the secrets behind the production of the excellent craft beer brewed with the precious spring water of Val di Peio. Sample various types of beers, paired with a selection of local products. For a fee. 377 4386829 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

MOV  
VE  
18:00  
22:00

**PEIO** - Skiarea Pejo 3000

## PEJO SKIALP UNDER A STARRY SKY

Let's practice ski mountaineering on Pejo 3000' slopes. Free access on Mezoli, Tarlenta and Doss dei Gembri slopes. Lo Scoiattolo Refuge and Doss dei Gembri Refuge are open for dinner! Headlamp is mandatory.

Val di Sole  
WOW

**RABBI** - San Bernardo at Kneipp path

## BAREFOOTING

Thanks to an expert naturopath you will discover the benefits of barefooting. At the end, enjoy a tasty snack at the Pasticceria Silvia. For a fee. Booking required by 12:00 of the day of activity. 0463 985048 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

MOV  
VE

**RABBI** - Loc. Plan at Centro Fondo

## FREE NIGHT CROSS-COUNTRY SKI LESSONS IN THE STELVIO NATIONAL PARK\*

18:00  
20:00  
Discover the pleasure of skiing slowly following your rhythm and admiring the beauties of Stelvio National Park with an instructor. For a fee. 334 6009218 - 0463 985048

Thursday **11** JANUARY

Val di Sole  
WOW

**MALÈ** - Swimming pool car park

## LOOKING AT THE STARS

16:30  
19:30  
At dusk, with crampons on the feet, from Malè to the beginning of the woods: are you ready to start a fire with a mountain guide discovering the main constellations of the sky? For a fee. The activity must be booked 2 days in advance. 347 7457328 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

Val di Sole  
WOW

**DIMARO FOLGARIDA** - Dimaro at Trentino Wild

## CYCLING ON THE SNOW IN VALPIANA

09:00  
12:00  
Riding an e-bike from Pellizzano to the Ossana alpine hut Malga del Doss. For a fee. Booking required by 12:00 of the previous day. 340 2175873 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

Val di Sole  
WOW

**MEZZANA** - at the train station

## A TRAINLOAD OF TASTE\*

09:15  
17:00  
Travel on board the valley's train with a local guide to discover the flavours of Trentino. Savour typical products and end the experience with delicious finger food paired with Trentino wines. For a fee. 0463 986608 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

Val di Sole  
WOW

**COMMEZZADURA** - Daolasa at Scuola Sci Val di Sole

## SKIEAT

09:45  
15:45

Together with a ski instructor, to the discovery of the Skiarea Campiglio Dolomiti di Brenta: a delicious lunch at Malga Ritorto and a tasty snack in Rifugio Solander. For a fee. The activity has to be booked by 18:00 of the previous Tuesday. 0463 970002 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

Val di Sole  
WOW

**COMMEZZADURA** - at the top of Orso Bruno chairlift

## WILD SNOWBOARD

13:30  
16:30

A fresh snowboard off-trail adventure, with an instructor, along an unexplored ridge at the base of the Brenta Dolomites. For a fee. Booking required by 17:00 of the previous Monday. 0463 796234 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

Val di Sole  
WOW

**PASSO DEL TONALE** - Evolution Ski School

## SKI EVOLUTION INTERFONO

15:00  
17:00

Improve your skiing style: thanks to an interphone placed in your ear, the instructor will correct your descent on the slopes in real time. For a fee. The activity must be booked 2 days in advance. 342 3987853 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

FU  
N★

**PASSO DEL TONALE** - Presena Glacier

## PARADICE MUSIC - PARADICE ORCHESTRA: A NIGHT WITH STING AND THE POLICE

16:00  
17:00

Info and tickets: [www.pontedilegnotonale.com](http://www.pontedilegnotonale.com)

MOV  
VE

**PASSO TONALE** - Valena slope

## SKIING AT NIGHT

20:30  
23:00

Skipasses available for purchase onsite. In case of bad weather, the activity will not take place.

Mugger  
Si

**PEIO** - Peio at the arrival of Tarlenta cable car

## IT'S EASY TO SAY...SNOW!\*

10:15  
12:30

We know it with only one name but, in reality, snow has many shapes, textures and differences, each with its own specific name. Do you know how it's called when the sun melts it? Or when the temperature range makes it shine like a jewel? Find out with the expert guides of the Park. Elevation gain: 100 m. Hiking difficulty: easy. For a fee. Extra fee for the cable car. Booking required at Peio Visit Centre, Rabbi Park Info Point, Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

FU  
N★

**PEIO** - Lo Scoiattolo Refuge

## PEJO MUSIC VILLAGE

13:30  
15:30

Follow the rhythm of music with ballroom dancing concert!



**PEIO** - Peio Fonti at Val di Peio ski rent

## SKI MOUNTAINEERING AT THE FOOT OF VIOZ

**15:00**  
**17:30** A ski mountaineering excursion in the Stelvio National Park with a short lesson on the technique with a guide. At the end, a tasty snack will be waiting for you. For a fee. Booking required by 12:00 of the previous day. 0463 753243 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

Friday **12** JANUARY



**CALDES** - Samoclevo at Agritur il Tempo delle Mele

## DISCOVER ALPINE CHEESE AND LOCAL SURROUNDINGS THROUGH ALL 5 SENSES\*

**16:30**  
**18:00** Discover with an expert the characteristics of alpine cheeses with the 5 senses. An experience to taste paired with fine wines and local products. For a fee. 347 9558401 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**MALÉ** - Andreis Bike Rent

## WINTER ON 2 WHEELS

**10:00**  
**13:00** Discover the most appreciated landscapes of the beginning of Val di Sole and Val di Rabbi on an e-bike. For a fee. Booking required by the previous wednesday. 338 6076376 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**DIMARO FOLGARIDA** - Folgarida the Tourist Information Office

## MALGA DI DIMARO - BAITA CIOCOMITI\*

**09:15**  
**15:30** We will walk up to the Malga di Dimaro from where you can enjoy a striking view of the Brenta Dolomites and then we continue to the Baita Ciocomiti – Malga Vigo alpine restaurant where we will taste a delicious lunch. Elevation gain: 300 m. Hiking difficulty: medium. For a fee. Booking required at Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**MEZZANA** - Ortisé at Casa dell'Ape

## FROM THE WOODS...TO A BEEHIVE\*

**14:00**  
**16:00** A lab to know the world of bees, how to build a beehive and how it works. Together with us you will create a handmade souvenir to take home with you. And finally, you will taste our honey and jams. For a fee. 333 3509094 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**MEZZANA** - Caseificio Presanella

## THE SCENT OF TRADITION: IN THE CHEESE VAULT

**16:00**  
**17:30** Take a closer look to the expert hands of the dairyman at the Caseificio Presanella dairy transforming milk into cheese. Then off you go to visit the cheesew aging area, where you can see the thousands of wheels of Trentingrana cheese become a one of a kind product. Taste their intense and delicious flavour! For a fee. Booking required by 12:00 of the previous day. 0463 757282 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PELLIZZANO** - Agritur Bontempelli

## RIDE INTO A FAIRY TALE\*

**16:30**  
**18:30** Snow, clogs and bells! Just like in a fairy tale, hop into the carriage and let Jenny and Gelo, the inseparable pair of blond Halfinger horses, take you on a special ride. Through the wood and the countryside till Pellizzano, surrounded by a magical atmosphere. For a fee. 348 4876411 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PASSO TONALE** - Grand Hotel Miramonti

## DEFYING AEOLUS

**09:00**  
**12:00** Have you ever tried snowkite at Passo Tonale? An exciting adrenaline-filled winter sport that allows you to whizz on white slopes with a snowboard or ski through the white mountain of Tonale. For a fee. The activity must be booked 3 days in advance and in case of favourable wind conditions. 327 2041363 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PASSO TONALE** - Tourist Information Office

## PRESENA GLACIER\*

**09:00**  
**12:00** Once you get off the Paradiso gondola, wearing snowshoes in fresh snow, you will immerse yourself in a spectacular, unique, panoramic and authentic high-altitude natural environment. Elevation gain: 150 m. Hiking difficulty: medium. For a fee. Booking required at Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PEIO** - Fede Ranch

## GETTING TO KNOW FEDERICA'S ANIMALS\*

Have you ever seen hens, bunnies, goats, ponies and donkeys? Federica breeds them just like in the past, in complete freedom. To finish off a nice ride on the horses. For a fee. 0463 754345 - 0463 753100

**FU**  
**N★**  
13:30  
15:30  
**PEIO** - Mythe Pejo 3000  
**PEJO MUSIC VILLAGE**  
Follow the rhythm of music with ballroom dancing concert!

**FU**  
**N★**  
17:00  
19:30  
**PEIO** - Cogolo at Piazza Monari  
**PEJO MUSIC VILLAGE**  
Follow the rhythm of music with ballroom dancing concert!

**Val di Sole**  
**WOW**  
**PEIO** - Peio Fonti at Peio Thermal Spa  
**MOUNTAIN WELLNESS AND GOODNESS DELUXE**

19:30  
23:30  
Relax yourself in an alpine stube with the aromatic scent of Swiss stone pine wood. The sauna, Turkish bath and whirlpool will be completely at your disposal. At the end, you can taste local products. For a fee. Booking is required by 12:00 of the previous day. 0463 753226 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

**FU**  
**N★**  
21:00  
23:00  
**PEIO** - Celledizzo at Palestra Polo Scolastico  
**PEJO MUSIC VILLAGE**  
Follow the rhythm of music with the Gianmarco Bagutti's Orchestra and the special guests Matteo Tarantino & Renzo Biondi.

**Val di Sole**  
**WOW**  
**RABBI** - Rabbi Fonti at Park Info Point  
**UNDER THE MOON IN THE STELVIO NATIONAL PARK\***

18:00  
23:00  
An easy night walk with a guide under the moonlight, along a simple trail immersed in an authentic mountain environment, to the discovery of tales, myths and curiosities about the Stelvio National Park. You will then warm up inside a mountain hut and taste local dishes. Elevation gain: 250 m . Hiking difficulty: easy. For a fee. Booking required at Rabbi Info Point, Peio Visit Centre, Tourist Information Office or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



## Saturday **13** JANUARY

**Auvergnat**  
**Sf**  
**MALÉ** - Piazzale Guardi car park (Via Molini)  
**AMONG THE BOLENTINA ALPINE DIARIES\***

09:15  
12:30  
A wonderful snowshoe outing among alpine dairies and snow covered stretches of open land as you admire the Cimone de Bolentina peak in the background and an amazing view of Val di Sole. Elevation gain: 350 m. Hiking difficulty: medium. For a fee. Booking required at Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

**FU**  
**N★**  
16:00  
17:00  
**PASSO DEL TONALE** - Presena Glacier  
**PARADICE BAND: APRES-SKI FOLK WITH FIAMAZ**  
Info and tickets: [www.pontedilegnotonale.com](http://www.pontedilegnotonale.com)

**Val di Sole**  
**WOW**  
**RABBI** - San Bernardo at Kneipp path  
**BAREFOOTING**  
Thanks to an expert naturopath you will discover the benefits of barefooting. At the end, enjoy a tasty snack at the Pasticceria Silvia. For a fee. Booking required by 12:00 of the day of activity. 0463 985048 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

**MO**  
**VE**  
17:00  
19:00  
**RABBI** - Loc. Plan at Centro Fondo  
**CROSS-COUNTRY SKI LESSON WITH A SKI INSTRUCTOR\***  
Discover the pleasure of skiing slowly following your rhythm and admiring the beauties of Stelvio National Park with an instructor. For a fee. Booking required: 334 6009218 - 0463 985048

## Sunday **14** JANUARY

**MO**  
**VE**  
14:00  
16:30  
**DIMARO FOLGARIDA** - Dimaro at the Tourist Information Office  
**EVENING EXCURSION IN VAL MELEDRIO\***  
In Val Meledrio among the sounds of the wood, the gurgling of the stream and an enchanted landscape, mountain guides will accompany you throughout the afternoon to discover the beauty of the area equipped with snow rackets. For a fee. 0463 986608 - 0463 986113

**FU**  
**N★**  
11:00  
15:00  
**PEIO** - Mythe Pejo 3000  
**LIVE MUSIC & FUN**

**Auvergnat**  
**Sf**  
**RABBI** - Rabbi Fonti at Park Info Point  
**LOOKING FOR TRACKS AND FOOTPRINTS OF THE PARK'S ANIMALS\***

09:00  
12:00  
A pleasant walk through the woods to discover all of the tracks in the snow left by animals. The silence of the forest in the Stelvio National Park, broken only by the gurgling sound of the Rabbits River and the sounds of the inhabitants of the woods, will accompany us as we walk past the waterfall of the Ragaiolo stream and reach the ancient Venetian sawmill. Elevation gain: 140 m. Hiking difficulty: easy. For a fee. Booking required at Rabbi Park Info Point, Peio Visit Centre, Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)





**DIMARO FOLGARIDA** - Loc. Malghet Aut  
**SKI PERFORMANCE VIDEO**

**14:00**  
**15:00** A ski lesson with a national or federal certified coach, who will correct you through a video while you ski. For a fee. The activity must be booked 2 days in advance. 0463 986350 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**DIMARO FOLGARIDA** - Monclassico at Parco Biologo  
**THE SHADOW LINE**

**15:00**  
**17:00** Walking through the narrow streets of Monclassico and Presson, you will discover with an expert guide the 50 sundials painted on the houses: a real open-air museum! For a fee. Booking required by 12:00 of the day of the activity. 0463 986608 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**DIMARO FOLGARIDA** - Folgarida at the Tourist Information Office  
**EVENING EXCURSION TO MALGHETTO DI ALMAZZAGO**

**17:00**  
**19:00** Night walk to discover Malghetto di Almazago. You will arrive in one of the most breathtaking points in the area to admire a wonderful view on Val di Sole. For a fee. Booking required by 12:00 of the day of the activity. 0463 986608 - 0463 986113



**MEZZANA** - Ortisé at Casa dell'Ape  
**FROM THE WOODS...TO A BEEHIVE\***

**14:00**  
**16:00** A lab to know the world of bees, how to build a beehive and how it works. Together with us you will create a handmade souvenir to take home with you. And finally, you will taste our honey and jams. For a fee. 333 3509094 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**VERMIGLIO** - Centro Fondo  
**FREE CROSS-COUNTRY SKI LESSONS\***

**14:00**  
**16:00** You will learn the techniques of cross-country skiing with our ski instructors. Equipment rental for a fee. 0463 758200 - 0364 903838



**DIMARO FOLGARIDA** - Folgarida at the ticket office of Belvedere cable car  
**EXCURSION TO RONZOLA FARMSTEADS IN FOLGARIDA\***

**09:45**  
**12:00** Easy snowshoe hike along marked trails in the Adamello Brenta Natural Park at the foot of the beautiful Brenta Dolomites reaching some typical mountain farmsteads completely immersed in silent nature. For a fee. 0463 986113 - 0463 986608



**DIMARO FOLGARIDA** - Dimaro at the Tourist Information Office  
**EVENING EXCURSION TO MALGHETTO DI ALMAZZAGO\***

**17:00**  
**19:00** An easy hike in to the winter nature of Dimaro Folgarida towards the Val Meledrio. A valley, rich not only in nature but also in cultural practices, thanks to the ecomuseum. For a fee. Booking required by 12:00 of the day of the activity. 0463 986608 - 0463 986113



**MEZZANA** - Ortisé at Casa dell'Ape  
**FROM THE WOODS...TO A BEEHIVE\***

**14:00**  
**16:00** A lab to know the world of bees, how to build a beehive and how it works. Together with us you will create a handmade souvenir to take home with you. And finally, you will taste our honey and jams. For a fee. 333 3509094 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**VERMIGLIO** - Vicolo Somacort, 31  
**DISCOVER THE SECRETS OF KNITTING\***

**10:30**  
**11:30** Soft wool transformed into warm and comfortable tailor-made clothes, ready to wear! Come to visit Viola and observe transforming the wool of the sheeps from Val di Peio into knitwear and make a cute sheep-shaped pin to take home. For a fee. 346 1539427 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PASSO TONALE** - Tourist Information Office

## ALTIPORTO\*

14:00

16:30

An easy loop trail towards the altiporto (mountain landing strip) from where we will enter into the forest, leaving traffic noise behind us, and start to search for tracks left by wild animals that inhabit the forest while learning how to move safely in the mountains during the winter season. Elevation gain: 100 m. Hiking difficulty: easy. For a fee. Booking required at Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PASSO TONALE**- Valena slope

## SKIING AT NIGHT

20:30

23:00

Skipasses available for purchase onsite. In case of bad weather, the activity will not take place.



**PEIO** - Cogolo at Centro Fondo Biancaneve

## FREE CROSS-COUNTRY SKI LESSONS\*

10:00

12:00

You will learn the techniques of cross-country skiing with our ski instructors. Equipment rental for a fee. 0463 754345 - 0463 753100



**PEIO** - at the top of Doss dei Cembri chairlift

## WATCH OUT FOR ANIMALS!

10:30

14:30

On the slopes to observe the fauna in its natural habitat. Free activity. In case of bad weather, the activity will not take place. Free activity



**PEIO** - Casanova Farm

## A VISIT TO CASANOVA FARM\*

17:00

18:30

Discover the life of a mountain farmer, his world and his animals. For a fee. 0463 754345 - 0463 7531000



**PEIO** - Peio Fonti at Piazzale Telecabina

## A STARRY SKY\*

21:00

23:00

An adventurous evening in the woods! As we listen to the sounds of nature at night, we will discover a whole new world that, after sunset, is usually only inhabited by animals! During our outing we will also have a look at the sky to learn how to spot various constellations. Elevation gain: 200 m. Hiking difficulty: easy. For a fee. Booking required at Peio Visit Centre, Rabbi Park Info Point, Tourist Information Offices or at the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



Wednesday **17** JANUARY



**DIMARO FOLGARIDA** - Monclassico at the train station

## FOREST BATHING & ECOART\*

09:45

12:15

Thanks to forest bathing, we will develop a connection with nature through our senses. We will have fun with ecoart and snowart, through dynamic and creative activities. For a fee. 0463 986608 – 0463 98611



**DIMARO FOLGARIDA** - Dimaro at Ristorante Dolomiti

## BUSHCRAFT

14:00

17:00

Learn how to survive in the wilderness, without any modern comforts: you will find all the things you need in the wood. For a fee. The activity must be booked 2 days in advance. 0463 636175 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**DIMARO FOLGARIDA** - Monclassico at Maso Toffe

## NONNA OLIVA'S POLENTA

16:30

20:30

Help Leonardo light the fire and prepare the typical Trentino polenta following the recipe of Granny Oliva. And afterwards... let's enjoy the traditional cuisine combined with excellent products and mulled wine from Maso Toffe. For a fee. Booking required by 16:00 of the previous day. 342 5529282 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**DIMARO FOLGARIDA** - Presson at the church

## DIVINUS

17:00

19:00

Taste local products with an expert that will tell you about culinary traditions of Val di Sole in the magical atmosphere of a "Volt" (cellar) of 1700s. For a fee. Booking required by the 12:00 of the previous day. 0463 986608 - 0463 986113



**MEZZANA** - Marilleva 1400 at the Tourist Information Office

## DISCOVER VAL PANCIANA\*

09:15

12:30

Starting right in the heart of the Skiarea Campiglio Dolomiti di Brenta, we will reach the Orso Bruno Mountain hut, where you can enjoy a fantastic view of the Brenta Dolomites. Elevation gain: 250 m. Hiking difficulty: easy/medium. For a fee. Booking required at Tourist Information Offices or on the [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PASSO TONALE** - Grand Hotel Miramonti

## DEFYING AEOLUS

09:00  
12:00

Have you ever tried snowkite at Passo Tonale? An exciting adrenaline-filled winter sport that allows you to whizz on white slopes with a snowboard or ski through the white mountain of Tonale. For a fee. The activity must be booked 3 days in advance and in case of favourable wind conditions. 327 2041363 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PEIO** - Peio Fonti at Peio Thermal Spa

## MOUNTAIN WELLNESS AND GOODNESS\*

10:00  
13:00

Relax yourself in an alpine stube with the aromatic scent of Swiss stone pine wood. The sauna, Turkish bath and whirlpool will be completely at your disposal. For a fee. 0463 753226 - [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PEIO** - Peio Paese at bus parking

## COVEL LAKE\*

14:00  
16:30

The relationship between man and nature characterizes this simple excursion which, among enchanting landscapes and local fauna, will take us to the plain of Covell, where, hidden under the snow, lies a very important carbon reservoir: the peat bog. Elevation gain: 250 m. Hiking difficulty: easy. For a fee. Booking at Peio Visit Centre, Rabbi Park Info Point, Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PEIO** - Cogolo at Pejo Craft Brewery

## GUIDED TOUR TO A CRAFT BREWERY AND BEER SAMPLING\*

17:00  
18:30

Discover the secrets behind the production of the excellent craft beer brewed with the precious spring water of Val di Peio. Sample various types of beers, paired with a selection of local products. For a fee. 377 4386829 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PEIO** - Skiarea Pejo 3000

## PEJO SKIALP UNDER A STARRY SKY

18:00  
22:00

Let's practice ski mountaineering on Pejo 3000' slopes. Free access on Mezoli, Tarlenta and Doss dei Gembri slopes. Lo Sciattolo Refuge and Doss dei Gembri Refuge are open for dinner! Headlamp is mandatory.



**RABBI** - San Bernardo at Kneipp path

## BAREFOOTING

Thanks to an expert naturopath you will discover the benefits of barefooting. At the end, enjoy a tasty snack at the Pasticceria Silvia. For a fee. Booking required by 12:00 of the day of activity. 0463 985048 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**RABBI** - Loc. Plan at Centro Fondo

## FREE NIGHT CROSS-COUNTRY SKI LESSONS IN THE STELVIO NATIONAL PARK\*

18:00  
20:00

Discover the pleasure to ski slowly following your rhythm and admiring the beauties of Stelvio National Park with an instructor. For a fee. Booking required: 334 6009218 - 0463 985048

Thursday **18** JANUARY



**MALÈ** - Swimming pool car park

## LOOKING AT THE STARS

16:30  
19:30

At dusk, with crampons on the feet, from Malè to the beginning of the woods: are you ready to start a fire with a mountain guide discovering the main constellations of the sky? For a fee. The activity must be booked 2 days in advance. 347 7457328 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**DIMARO FOLGARIDA** - Dimaro at Trentino Wild

## CYCLING ON THE SNOW IN VALPIANA

09:00  
12:00

Riding an e-bike from Pellizzano to the Ossana alpine hut Malga del Doss. For a fee. Booking required by 12:00 of the previous day. 340 2175873 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**MEZZANA** - At the train station

## A TRAINLOAD OF TASTE\*

09:15  
17:00

Travel on board the valley's train with a local guide to discover the flavours of Trentino. Savour typical products and end the experience with delicious finger food paired with Trentino wines. For a fee. 0463 986608 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**COMMEZZADURA** - Daolasa at Scuola Sci Val di Sole

## SKIEAT

09:45  
15:45

Together with a ski instructor, to the discovery of the Skiarea Campiglio Dolomiti di Brenta: a delicious lunch at Malga Ritorto and a tasty snack in Rifugio Solander. For a fee. The activity has to be booked by 18:00 of the previous Tuesday. 0463 970002 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**COMMEZZADURA** - at the top of Orso Bruno chairlift

## WILD SNOWBOARD

13:30  
16:30

A fresh snowboard off-trail adventure, with an instructor, along an unexplored ridge at the base of the Brenta Dolomites. For a fee. Booking required by 17:00 of the previous Monday. 0463 796234 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PASSO DEL TONALE** - Evolution Ski School

## SKI EVOLUTION INTERFONO

15:00  
17:00

Improve your skiing style: thanks to an interphone placed in your ear, the instructor will correct your descent on the slopes in real time. For a fee. The activity must be booked 2 days in advance. 342 3987853 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

FUN★

**PASSO DEL TONALE** - Presena Glacier

## PARADISE MUSIC – PARADISE ORCHESTRA: TRIBUTE TO LUCIO BATTISTI

16:00  
17:00

Info and tickets: [www.pontedilegnotonale.com](http://www.pontedilegnotonale.com)

MOVIE

**PASSO TONALE** - Valena slope

## SKIING AT NIGHT

20:30  
23:00

Skipasses available for purchase onsite. In case of bad weather, the activity will not take place.



**PEIO** - Peio at the arrival of Tarlenta cablecar

## IT'S EASY TO SAY...SNOW!\*

10:15  
12:30

We know it with only one name but, in reality, snow has many shapes, textures and differences, each with its own specific name. Do you know how it's called when the sun melts it? Or when the temperature range makes it shine like a jewel? Find out with the expert guides of the Park. Elevation gain: 100 m. Hiking difficulty: easy. For a fee. Extra fee for the cable car. Booking required at Peio Visit Centre, Rabbi Park Info Point, Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



WILD

**PEIO** - at the wildlife area Runcal

## A CLOSE LOOK INTO THE EYES OF THE KING OF THE WOOD

13:30  
15:30

Habits and secrets of these wonderful and majestic ungulates. Last visit at 15:30. Entrance fee. Booking recommended at Peio Visit Centre, Rabbi Park Info Point and Tourist Information Offices.



**PEIO** - Peio Fonti at Val di Peio ski rent

## SKI MOUNTAINEERING AT THE FOOT OF VIOZ

15:00  
17:30

A ski mountaineering excursion in the Stelvio National Park with a short lesson on the technique with a guide. At the end, a tasty snack will be waiting for you. For a fee. Booking required by 12:00 of the previous day. 0463 753243 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

Friday **19** JANUARY



## CALDES - Samoclevo at Agritur il Tempo delle Mele DISCOVER ALPINE CHEESE AND LOCAL SURROUNDINGS THROUGH ALL 5 SENSES\*

16:30  
18:00

Discover with an expert the characteristics of alpine cheeses with the 5 senses. An experience to taste paired with fine wines and local products. For a fee. 347 9558401 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**MALÉ** - Andreis Bike Rent

## WINTER ON 2 WHEELS

10:00  
13:00

Discover the most appreciated landscapes of the beginning of Val di Sole and Val di Rabbi on an e-bike. For a fee. Booking required by the previous wednesday. 338 6076376 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**DIMARO FOLGARIDA** - Folgarida at the Tourist Information Office

## MALGA DI DIMARO - BAITA CIOCOMITI\*

09:15  
15:30

We will walk up to the Malga di Dimaro alpine diary from where you can enjoy a striking view of the Brenta Dolomites and then we continue to the Baita Ciocomiti – Malga Vigo alpine restaurant where we will taste a delicious lunch. Elevation gain: 300 m. Hiking difficulty: medium. For a fee. Booking required at Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**MEZZANA** - Ortisé at Casa dell'Ape

## FROM THE WOODS...TO A BEEHIVE\*

14:00  
16:00

A lab to know the world of bees, how to build a beehive and how it works. Together with us you will create a handmade souvenir to take home with you. And finally, you will taste our honey and jams. For a fee. 333 3509094 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**MEZZANA** - Caseificio Presanella

## THE SCENT OF TRADITION: IN THE CHEESE VAULT

16:00  
17:30

Take a closer look to the expert hands of the of the dairyman at the Caseificio Presanella dairy transforming milk into cheese. Then off you go to visit the cheese aging area, where you can see the thousands of wheels of Trentingrana cheese become a one of a kind product. Taste their intense and delicious flavour! For a fee. Booking required by 12:00 of the previous day. 0463 757282 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)





# MuoverSi

## Snowshoeing, nature and freedom

**Itineraries** to choose from, accompanied by our **Mountain Guides**, as you discover the pleasure of **walking in the snow with snowshoes** surrounded by Val di Sole's breathtaking landscapes while of course staying safe



**Book online** or at the info offices  
[www.visitvaldisole.it/en/muoversi](http://www.visitvaldisole.it/en/muoversi)





**PELLIZZANO - Agriturismo Bontempelli**  
**RIDE INTO A FAIRY TALE\***

16:30  
18:30

Snow, clogs and bells! Just like in a fairy tale, hop into the carriage and let Jenny and Gelo, the inseparable pair of blond Halfinger horses, take you on a special ride. Through the wood and the countryside till Pellizzano, surrounded by a magical atmosphere. For a fee. 348 4876411 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PASSO TONALE - Grand Hotel Miramonti**  
**DEFYING AEOLUS**

09:00  
12:00

Have you ever tried snowkite at Passo Tonale? An exciting adrenaline-filled winter sport that allows you to whizz on white slopes with a snowboard or ski through the white mountain of Tonale. For a fee. The activity must be booked 3 days in advance and in case of favourable wind conditions. 327 2041363 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PASSO TONALE - Tourist Information Office**  
**PRESENA GLACIER\***

09:00  
12:00

Once you get off the Paradiso gondola, wearing snowshoes in fresh snow, you will immerse yourself in a spectacular, unique, panoramic and authentic high-altitude natural environment. Elevation gain: 150 m. Hiking difficulty: medium. For a fee. Booking required at Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PEIO - Fede Ranch**  
**GETTING TO KNOW FEDERICA'S ANIMALS\***

10:00  
11:00

Have you ever seen hens, bunnies, goats, ponies and donkeys? Federica breeds them just like in the past, in complete freedom. To finish off a nice ride on the horses. For a fee. 0463 754345 - 0463 753100



**PEIO - Peio Fonti at Peio Thermal Spa**  
**MOUNTAIN WELLNESS AND GOODNESS DELUXE**

13:30  
15:30

Relax yourself in an alpine stube with the aromatic scent of Swiss stone pine wood. The sauna, Turkish bath and whirlpool will be completely at your disposal. At the end, you can taste local products. For a fee. Booking is required by 12:00 of the previous day. 0463 753226 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PEIO - Cogolo at Loc. Biancaneve**  
**PEJO SPRINT**

19:00  
23:00

Three winter disciplines: cross-country, mountaineering and alpine skiing...but just one winner! 0463 754345 - 0463 753100



**RABBI - Rabbi Fonti at Park Info Point**  
**UNDER THE MOON IN THE STELVIO NATIONAL PARK\***

18:00  
23:00



An easy night walk with a guide under the moonlight, along a simple trail immersed in an authentic mountain environment, to the discovery of tales, myths and curiosities about the Stelvio National Park. You will then warm inside a mountain hut and taste local dishes. Elevation gain: 250 m. Hiking difficulty: easy. For a fee. Booking required at Rabbi Info Point, Peio Visit Centre, Tourist Information Office or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

**Saturday 20 JANUARY**



**MALÉ - Piazzale Guardi car park (Via Molini)**  
**AMONG THE BOLENTINA ALPINE DIARIES\***

09:15  
12:30

A wonderful snowshoe outing among alpine dairies and snow covered stretches of open land as you admire the Cimon de Bolentina peak in the background and an amazing view of Val di Sole. Elevation gain: 350 m. Hiking difficulty: medium. For a fee. Booking required at Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PASSO DEL TONALE - Presena Glacier**  
**PARADICE MUSIC - PARADICE BAND: ITALIAN UNDERGROUND**

16:00  
and 18:00

Chance to enjoy an high altitude dinner at Paradiso Restaurant starting from 19:00. More info: [www.pontedilegnotonale.com](http://www.pontedilegnotonale.com)



**RABBI - San Bernardo at Kneipp path**  
**BAREFOOTING**

Thanks to an expert naturopath you will discover the benefits of barefooting. At the end, enjoy a tasty snack at the Pasticceria Silvia. For a fee. Booking required by 12:00 of the day of activity. 0463 985048 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**RABBI - Loc. Plan at Centro Fondo**  
**CROSS-COUNTRY SKI LESSON WITH A SKI INSTRUCTOR\***

17:00  
19:00

Discover the pleasure of skiing slowly following your rhythm and admiring the beauties of Stelvio National Park with an instructor. For a fee. Booking required: 334 6009218 - 0463 985048

## Sunday 21 JANUARY

### **MO** **VE** DIMARO FOLGARIDA - Dimaro at the Tourist Information Office **EVENING EXCURSION IN VAL MELEDRIO\***

**14:00**  
**16:30** In Val Meledrio among the sounds of the wood, the gurgling of the stream and an enchanted landscape, mountain guides will accompany you throughout the afternoon to discover the beauty of the area equipped with snow rackets. For a fee. 0463 986608 - 0463 986113

### **FU** **N**★ PEIO - Doss dei Gembri Refuge **LIVE MUSIC & FUN**

**11:00**  
**16:00**

### **Muover** **Sf** RABBI - Rabbi Fonti at Park Info Point **LOOKING FOR TRACKS AND FOOTPRINTS OF THE PARK'S ANIMALS\***

**09:00**  
**12:00** A pleasant walk through the woods to discover all of the tracks in the snow left by animals. The silence of the forest in the Stelvio National Park, broken only by the gurgling sound of the Rabbies River and the sounds of the inhabitants of the woods, will accompany us as we walk past the waterfall of the Ragaiolo stream and reach the ancient Venetian sawmill. Elevation gain: 140 m. Hiking difficulty: easy. For a fee. Booking required at Rabbi Park Info Point, Peio Visit Centre, Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



## Monday 22 JANUARY

### **Val of Sole** **WOW** DIMARO FOLGARIDA - Loc. Malghet Aut **SKI PERFORMANCE VIDEO**

**14:00**  
**15:00** A ski lesson with a national or federal certified coach, who will correct you through a video while you ski. For a fee. The activity must be booked 2 days in advance. 0463 986350 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

### **Val of Sole** **WOW** DIMARO FOLGARIDA - Monclassico at Parco Biologo **THE SHADOW LINE**

**15:00**  
**17:00** Walking through the narrow streets of Monclassico and Presson, you will discover with an expert guide the 50 sundials painted on the houses: a real open-air museum! For a fee. Booking required by 12:00 of the day of the activity. 0463 986608 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

### **MO** **VE** DIMARO FOLGARIDA - Folgarida at the Tourist Information Office **EVENING EXCURSION TO MALGHETTO DI ALMAZZAGO**

**17:00**  
**19:00** Night walk to discover Malghetto di Almazzago. You will arrive in one of the most breathtaking points in the area to admire a wonderful view on Val di Sole. For a fee. Booking required by 12:00 of the day of the activity. 0463 986608 - 0463 986113

### **Val of Sole** **WOW** MEZZANA - Ortisè at Casa dell'Ape **FROM THE WOODS...TO A BEEHIVE\***

**14:00**  
**16:00** A lab to know the world of bees, how to build a beehive and how it works. Together with us you will create a handmade souvenir to take home with you. And finally, you will taste our honey and jams. For a fee. 333 3509094 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

### **MO** **VE** VERMIGLIO - Centro Fondo **FREE CROSS-COUNTRY SKI LESSONS**

You will learn the techniques of cross-country skiing with our ski instructors. Equipment rental for a fee. 0463 758200 - 0364 903838

## Tuesday 23 JANUARY

### **MO** **VE** DIMARO FOLGARIDA - Folgarida at the ticket office of Belvedere cable car **EXCURSION TO RONZOLA FARMSTEADS IN FOLGARIDA\***

**09:45**  
**12:00** Easy snowshoe hike along marked trails in the Adamello Brenta Natural Park at the foot of the beautiful Brenta Dolomites reaching some typical mountain farmsteads completely immersed in silent nature. For a fee. 0463 986113 - 0463 986608

### **MO** **VE** DIMARO FOLGARIDA - Dimaro at the Tourist Information Office **EVENING EXCURSION IN VAL MELEDRIO\***

**17:00**  
**19:00** An easy hike in to the winter nature of Dimaro Folgarida towards the Val Meledrio. A valley, rich not only in nature but also in cultural practices, thanks to the ecomuseum. For a fee. Booking required by 12:00 of the day of the activity. 0463 986608 - 0463 986113

### **Val of Sole** **WOW** MEZZANA - Ortisè at Casa dell'Ape **FROM THE WOODS...TO A BEEHIVE\***

**14:00**  
**16:00** A lab to know the world of bees, how to build a beehive and how it works. Together with us you will create a handmade souvenir to take home with you. And finally, you will taste our honey and jams. For a fee. 333 3509094 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**VERMIGLIO** - Vicolo Somacort, 31

## DISCOVER THE SECRETS OF KNITTING\*

10:30  
11:30

Soft wool transformed into warm and comfortable tailor-made clothes, ready to wear! Come to visit Viola and observe transforming the wool of the sheeps from Val di Peio into knitwear and make a cute sheep-shaped pin to take home. For a fee. 346 1539427 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PASSO TONALE** - Tourist Information Office

## ALTIPORTO\*

14:00  
16:30

An easy loop trail towards the altiporto (mountain landing strip) from where we will enter into the forest, leaving traffic noise behind us, and start to search for tracks left by wild animals that inhabit the forest while learning how to move safely in the mountains during the winter season. Elevation gain: 100 m. Hiking difficulty: easy. For a fee. Booking required at Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PASSO TONALE** - Valena slope

## SKIING AT NIGHT

20:30  
23:00

Skipasses available for purchase onsite. In case of bad weather, the activity will not take place.



**PEIO** - Cogolo at Centro Fondo Biancaneve

## FREE CROSS-COUNTRY SKI LESSONS\*

10:00  
12:00

You will learn the techniques of cross-country skiing with our ski instructors. Equipment rental for a fee. 0463 754345 - 0463 753100



**PEIO** - at the top of Doss dei Cembri chairlift

## WATCH OUT FOR ANIMALS!

10:30  
14:30

On the slopes to observe the fauna in its natural habitat. Free activity. In case of bad weather, the activity will not take place. Free activity



**PEIO** - Casanova Farm

## A VISIT TO CASANOVA FARM\*

17:00  
18:30

Discover the life of a mountain farmer, his world and his animals. For a fee. 0463 754345 - 0463 7531000



**PEIO** - Peio Fonti at Piazzale Telecabina

## A STARRY SKY\*

21:00  
23:00



An adventurous evening in the woods! As we listen to the sounds of nature at night, we will discover a whole new world that, after sunset, is usually only inhabited by animals! During our outing we will also have a look at the sky to learn how to spot various constellations. Elevation gain: 200 m. Hiking difficulty: easy. For a fee. Booking required at Peio Visit Centre, Rabbi Park Info Point, Tourist Information Offices or at the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

## Wednesday 24 JANUARY



**DIMARO FOLGARIDA** - Monclassico at the train station

## FOREST BATHING & ECOART\*

09:45  
12:15

Thanks to forest bathing, we will develop a connection with nature through our senses. We will have fun with ecoart and snowart, through dynamic and creative activities. For a fee. 0463 986608 - 0463 986113



**DIMARO FOLGARIDA** - Dimaro at Ristorante Dolomiti

## BUSHCRAFT

14:00  
17:00

Learn how to survive in the wilderness, without any modern comforts: you will find all the things you need in the wood. For a fee. The activity must be booked 2 days in advance. 0463 636175 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**DIMARO FOLGARIDA** - Monclassico at Maso Toffe

## NONNA OLIVA'S POLENTA

16:30  
20:30

Help Leonardo light the fire and prepare the typical Trentino polenta following the recipe of Granny Oliva. And afterwards... let's enjoy the traditional cuisine combined with excellent products and mulled wine from Maso Toffe. For a fee. Booking required by 16:00 of the previous day. 342 5529282 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**DIMARO FOLGARIDA** - Presson at the church

## DIVINUS

17:00  
19:00

Taste local products with an expert that will tell you about culinary traditions of Val di Sole in the magical atmosphere of a "Völt" (cellar) of 1700s. For a fee. Booking required by the 12:00 of the previous day. 0463 986608 - 0463 986113



**MEZZANA** - Marilleva 1400 at the Tourist Information Office

### DISCOVER VAL PANCIANA\*

**09:15**  
**12:30**  
Starting right in the heart of the Skiarea Campiglio Dolomiti di Brenta, we will reach the Orso Bruno Mountain hut, where you can enjoy a fantastic view of the Brenta Dolomites. Elevation gain: 250 m. Hiking difficulty: easy/medium. For a fee. Booking required at Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PASSO TONALE** - Grand Hotel Miramonti

### DEFYING AEOLUS

**09:00**  
**12:00**  
Have you ever tried snowkite? An exciting adrenaline-filled winter sport that allows you to whizz on white slopes with a snowboard or ski through the white mountain of Tonale. For a fee. The activity must be booked 3 days in advance and in case of favourable wind conditions. 327 2041363 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PEIO** - Peio Fonti at Peio Thermal Spa

### MOUNTAIN WELLNESS AND GOODNESS\*

**10:00**  
**13:00**  
Relax yourself in an alpine stube with the aromatic scent of Swiss stone pine wood. The sauna, Turkish bath and whirlpool will be completely at your disposal. For a fee. 0463 753226 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PEIO** - Peio Paese at bus parking

### COVEL LAKE\*

**14:00**  
**16:30**  
The relationship between man and nature characterizes this simple excursion which, among enchanting landscapes and local fauna, will take us to the plain of Covèl, where, hidden under the snow, lies a very important carbon reservoir: the peat bog. Elevation gain: 250 m. Hiking difficulty: easy. For a fee. Booking at Peio Visit Centre, Rabbi Park Info Point, Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PEIO** - Cogolo at Pejo Craft Brewery

### GUIDED TOUR TO A CRAFT BREWERY AND BEER SAMPLING

**17:00**  
**18:30**  
Discover the secrets behind the production of the excellent craft beer brewed with the precious spring water of Val di Peio. Sample various types of beers, paired with a selection of local products. For a fee. 377 4386829 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PEIO** - Skiarea Pejo 3000

### PEJO SKIALP UNDER A STARRY SKY

**18:00**  
**22:00**  
Let's practice ski mountaineering on Pejo 3000' slopes. Free access on Mezoli, Tarlenta and Doss dei Gembri slopes. Lo Scoiattolo Refuge and Doss dei Gembri Refuge are open for dinner! Headlamp is mandatory.



**RABBI** - San Bernardo at Kneipp path

### BAREFOOTING

**14:00**  
**15:30**  
Thanks to an expert naturopath you will discover the benefits of barefooting. At the end, enjoy a tasty snack at the Pasticceria Silvia. For a fee. Booking required by 12:00 of the day of activity. 0463 985048 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**RABBI** - Loc. Plan at Centro Fondo

### FREE NIGHT CROSS-COUNTRY SKI LESSONS IN THE STELVIO NATIONAL PARK\*

**18:00**  
**20:00**  
Discover the pleasure of skiing slowly following your rhythm and admiring the beauties of Stelvio National Park with an instructor. For a fee. 334 6009218 - 0463 985048

## Thursday 25 JANUARY



**MALÉ** - Swimming pool car park

### LOOKING AT THE STARS

**16:30**  
**19:30**  
At dusk, with crampons on the feet, from Malé to the beginning of the woods: are you ready to start a fire with a mountain guide discovering the main constellations of the sky? For a fee. The activity must be booked 2 days in advance. 347 7457328 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**DIMARO FOLGARIDA** - Dimaro at Trentino Wild

### CYCLING ON THE SNOW IN VALPIANA

**09:00**  
**12:00**  
Riding an e-bike from Pellizzano to the Ossana alpine hut Malga del Doss. For a fee. Booking required by 12:00 of the previous day. 340 2175873 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**COMMEZZADURA** - Daolasa at Scuola Sci Val di Sole

### SKI EAT

**09:45**  
**15:45**  
Together with a ski instructor, to the discovery of the Skiarea Campiglio Dolomiti di Brenta: a delicious lunch at Malga Ritorto and a tasty snack in Rifugio Solander. For a fee. The activity must be booked by 18:00 of the previous Tuesday. 0463 970002 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**COMMEZZADURA** - at the top of Orso Bruno chairlift

## WILD SNOWBOARD

**13:30**  
**16:30** A fresh snowboard off-trail adventure, with an instructor, along an unexplored ridge at the base of the Brenta Dolomites. For a fee. Booking required by 17:00 of the previous monday. 0463 796234 or on the webiste [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PASSO DEL TONALE** - Evolution Ski School

## SKI EVOLUTION INTERFONO

**15:00**  
**17:00** Improve your skiing style: thanks to an interphone placed in your ear, the instructor will correct your descent on the slopes in real time. For a fee. The activity must be booked 2 days in advance. 342 3987853 or on the webiste [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PASSO DEL TONALE** - Presena Glacier

## PARADICE MUSIC - PARADICE ORCHESTRA: STARMAN - BOWIE NIGHT

**16:00**  
**17:00** Info and tickets: [www.pontedilegotonale.com](http://www.pontedilegotonale.com)



**PASSO TONALE**- Valena slope

## SKIING AT NIGHT

**20:30**  
**23:00** Skipasses available for purchase onsite. In case of bad weather, the activity will not take place.



**PEIO** - Cogolo at Chalet Alpenrose

## A SOLANDRA COOKING CLASS

**10:00**  
**12:00** Learn how the typical dishes of Trentino are prepared and taste their authentic and genuine flavours. At the end of the activity, you will receive a recipe book. For a fee. Booking required by 12:00 of the previous day. 0463 754088 or on the webiste [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PEIO** - Peio at the arrival of Tarlenta cable car

## IT'S EASY TO SAY...SNOW!\*

**10:15**  
**12:30** We know it with only one name but, in reality, snow has many shapes, textures and differences, each with its own specific name. Do you know how it's called when the sun melts it? Or when the temperature range makes it shine like a jewel? Find out with the expert guides of the Park.

Elevation gain: 100 m. Hiking difficulty: easy. For a fee. Extra fee for the cable car. Booking required at Peio Visit Centre, Rabbi Park Info Point, Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PEIO** - at the wildlife area Runcal

## A CLOSE LOOK INTO THE EYES OF THE KING OF THE WOOD

**13:30**  
**15:30** Habits and secrets of these wonderful and majestic ungulates. Last visit at 15:30. Entrance fee. Booking recommended at Peio Visit Centre, Rabbi Park Info Point and Tourist Information Offices.



**PEIO** - Peio Fonti at Val di Peio ski rent

## SKI MOUNTAINEERING AT THE FOOT OF VIOZ

**15:00**  
**17:30** A ski mountaineering excursion in the Stelvio National Park with a short lesson on the technique with a guide. At the end, a tasty snack will be waiting for you. For a fee. Booking required by 12:00 of the previous day. 0463 753243 or on the webiste [www.visitvaldisole.it](http://www.visitvaldisole.it)

Friday **26** JANUARY



**CALDES** - Samoclevo at Agritur il Tempo delle Mele

## DISCOVER ALPINE CHEESE AND LOCAL SURROUNDINGS THROUGH ALL 5 SENSES\*

**16:30**  
**18:00** Discover with an expert the characteristics of alpine cheeses with the 5 senses. An experience to taste paired with fine wines and local products. For a fee. 347 9558401 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**MALÉ** - Andreis Bike Rent

## WINTER ON 2 WHEELS

**10:00**  
**13:00** Discover the most appreciated landscapes of the beginning of Val di Sole and Val di Rabbi on an e-bike. For a fee. Booking required by the previous Wednesday. 338 6076376 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**DIMARO FOLGARIDA** - Folgarida at the Tourist Information Office

## MALGA DI DIMARO - BAITA CIOCOMITI\*

**09:15**  
**15:30** We will walk up to the Malga di Dimaro alpine diary from where you can enjoy a striking view of the Brenta Dolomites and then we continue to the Baita Ciocomiti – Malga Vigo alpine restaurant where we will taste a delicious lunch. Elevation gain: 300 m. Hiking difficulty: medium. For a fee. Booking required at Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)





**MEZZANA** - Ortisé at Casa dell'Ape  
**FROM THE WOODS...TO A BEEHIVE\***

**14:00**  
**16:00**  
 A lab to know the world of bees, how to build a beehive and how it works. Together with us you will create a handmade souvenir to take home with you. And finally, you will taste our honey and jams. For a fee. 333 3509094 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**MEZZANA** - Caseificio Presanella  
**THE SCENT OF TRADITION:  
 IN THE CHEESE VAULT**

**16:00**  
**17:30**  
 Take a closer look to the expert hands of the dairyman at the Caseificio Presanella dairy transforming milk into cheese. Then off you go to visit the cheese aging area, where you can see the thousands of wheels of Trentingrana cheese become a one of a kind product. Taste their intense and delicious flavour! For a fee. Booking required by 12:00 of the previous day. 0463 757282 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PELLIZZANO** - Agritur Bontempelli  
**RIDE INTO A FAIRY TALE\***

**16:30**  
**18:30**  
 Snow, clogs and bells! Just like in a fairy tale, hop into the carriage and let Jenny and Gelo, the inseparable pair of blond Halfinger horses, take you on a special ride. Through the wood and the countryside till Pellizzano, surrounded by a magical atmosphere. For a fee. 348 4876411 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PASSO TONALE** - Grand Hotel Miramonti  
**DEFYING AEOLUS**

**09:00**  
**12:00**  
 Have you ever tried snowkite at Passo Tonale? An exciting adrenaline-filled winter sport that allows you to whizz on white slopes with a snowboard or ski through the white mountain of Tonale. For a fee. The activity must be booked 3 days in advance and in case of favourable wind conditions. 327 2041363 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**PASSO TONALE** - Tourist Information Office  
**PRESENA GLACIER\***

**09:00**  
**12:00**  
 Once you get off the Paradiso gondola, wearing snowshoes in fresh snow, you will immerse yourself in a spectacular, unique, panoramic and authentic high-altitude natural environment. Elevation gain: 150 m. Hiking difficulty: medium. For a fee. Booking required at Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



at  
 sunrise

**PASSO TONALE** - at the ticket office of Paradiso cable car  
**SUNRISE FROM THE MOUNTAIN TOP –  
 TRENINO SKI SUNRISE. PRESENA GLACIER**

The first rays of sun that light up the snow crystals, a rich breakfast buffet with a live music concert and...an adrenaline-filled descent on the white snow!  
 More info: [www.pontedilegotonale.com](http://www.pontedilegotonale.com)



**10:00**  
**11:00**

**PEIO** - Fede Ranch  
**GETTING TO KNOW FEDERICA'S ANIMALS\***

Have you ever seen hens, bunnies, goats, ponies and donkeys? Federica breeds them just like in the past, in complete freedom. To finish off a nice ride on the horses. For a fee. 0463 754345 - 0463 753100



**13:30**  
**15:30**

**PEIO** - Peio Fonti at Peio Thermal Spa  
**MOUNTAIN WELLNESS AND GOODNESS  
 DELUXE**

Relax yourself in an alpine stube with the aromatic scent of Swiss stone pine wood. The sauna, Turkish bath and whirlpool will be completely at your disposal. At the end, you can taste local products. For a fee. Booking is required by 12:00 of the previous day. 0463 753226 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



starting  
 from 18:00

**PEIO** - Peio Fonti at Peio Thermal Spa  
**WELLNESS PRACTICES AT PEIO  
 THERMAL SPA**

Close your eyes and breathe...at 18:00 Alpine Wellness in the thermal spa and from 20:00 the gong bath with the sound healing experts Alessandra and regenerative yoga with Stefanie. For a fee. Booking required by 12:00 of the previous day. 0463 753226



**18:00**  
**23:00**

**RABBI** - Rabbi Fonti at Park Info Point  
**UNDER THE MOON IN THE STELVIO  
 NATIONAL PARK\***

An easy night walk with a guide under the moonlight, along a simple trail immersed in an authentic mountain environment, to the discovery of tales, myths and curiosities about the Stelvio National Park. You will then warm inside a mountain hut and taste local dishes. Elevation gain: 250 m. Hiking difficulty: easy. For a fee. Booking required at Rabbi Info Point, Peio Visit Centre, Tourist Information Office or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



## Saturday 27 JANUARY



### **MALÉ** - Piazzale Guardi car park (Via Molini) **AMONG THE BOLENTINA ALPINE DIARIES\***

**09:15** A wonderful snowshoe outing among alpine dairies and  
**12:30** snow covered stretches of open land as you admire the Cimon de Boletina peak in the background and an amazing view of Val di Sole. Elevation gain: 350 m. Hiking difficulty: medium. For a fee. Booking required at Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



### **PASSO DEL TONALE** - Presena Glacier **PARADICE MUSIC – PARADICE BAND: FILIPPO GRAZIANI PERFORMS SONGS BY IVAN**

**16:00**  
**17:00** Info and tickets: [www.pontedilegotonale.com](http://www.pontedilegotonale.com)



### **RABBI** - San Bernardo at Kneipp path **BAREFOOTING**

**14:00** Thanks to an expert naturopath you will discover the  
**15:30** benefits of barefooting. At the end, enjoy a tasty snack at the Pasticceria Silvia. For a fee. Booking required by 12:00 of the day of activity. 0463 985048 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



### **RABBI** - Loc. Plan at Centro Fondo **CROSS-COUNTRY SKI LESSON WITH A SKI INSTRUCTOR\***

**17:00** Discover the pleasure of skiing slowly following your rhythm  
**19:00** and admiring the beauties of Stelvio National Park with an instructor. For a fee. Booking required. 334 6009218 or on the website 0463 985048

## Sunday 28 JANUARY



### **DIMARO FOLGARIDA** - Dimaro at the Tourist Information Office **EVENING EXCURSION IN VAL MELEDRIO\***

**14:00** In Val Meledrio among the sounds of the wood, the gurgling  
**16:30** of the stream and an enchanted landscape, mountain guides will accompany you throughout the afternoon to discover the beauty of the area equipped with snow rackets. For a fee. 0463 986608 - 0463 986113



### **RABBI** - Rabbi Fonti at Park Info Point **LOOKING FOR TRACKS AND FOOTPRINTS OF THE PARK'S ANIMALS\***

**09:00**  
**12:00**



A pleasant walk through the woods to discover all of the tracks in the snow left by animals. The silence of the forest in the Stelvio National Park, broken only by the gurgling sound of the Rabbies River and the sounds of the inhabitants of the woods, will accompany us as we walk past the waterfall of the Ragaiolo stream stream and reach the ancient Venetian sawmill. Elevation gain: 140 m. Hiking difficulty: easy. For a fee. Booking required at Rabbi' Park Info Point, Peio Visit Centre, Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

## Monday 29 JANUARY



### **DIMARO FOLGARIDA** - Loc. Malghet Aut **SKI PERFORMANCE VIDEO**

**14:00**  
**15:00**

A ski lesson with a national or federal certified coach, who will correct you through a video while you ski. For a fee. The activity must be booked 2 days in advance. 0463 986350 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



### **DIMARO FOLGARIDA** - Monclassico at Parco Biologo **THE SHADOW LINE**

**15:00**  
**17:00**

Walking through the narrow streets of Monclassico and Presson, you will discover with an expert guide the 50 sundials painted on the houses: a real open-air museum! For a fee. Booking required by 12:00 of the day of the activity. 0463 986608 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



### **DIMARO FOLGARIDA** - Folgarida at the Tourist Information Office **EVENING EXCURSION TO MALGHETTO DI ALMAZZAGO**

**17:00**  
**19:00**

Night walk to discover Malghetto di Almazzaggo. You will arrive in one of the most breathtaking points in the area to admire a wonderful view on Val di Sole. For a fee. Booking required by 12:00 of the day of the activity. 0463 986608 - 0463 986113



### **MEZZANA** - Ortisé at Casa dell'Ape **FROM THE WOODS...TO A BEEHIVE\***

**14:00**  
**16:00**

A lab to know the world of bees, how to build a beehive and how it works. Together with us you will create a handmade souvenir to take home with you. And finally, you will taste our honey and jams. For a fee. 333 3509094 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



**MO** **VERMIGLIO** - Centro Fondo  
**VE** **FREE CROSS-COUNTRY SKI LESSONS\***  
14:00 You will learn the techniques of cross-country skiing with our ski  
16:00 instructors. Booking is required. 0463 758200 – 0364 903838

## Tuesday **30** JANUARY

**MO** **DIMARO FOLGARIDA** - Folgarida at the ticket office of Belvedere cable car  
**VE** **EXCURSION TO RONZOLA FARMSTEADS IN FOLGARIDA\***

09:45 Easy snowshoe hike along marked trails in the Adamello  
12:00 Brenta Natural Park at the foot of the beautiful Brenta Dolomites reaching some typical mountain farmsteads completely immersed in silent nature. For a fee.  
0463 986113 - 0463 986608

**MO** **DIMARO FOLGARIDA** - Dimaro at the Tourist Information Office  
**VE** **EVENING EXCURSION IN VAL MELEDRIO\***  
17:00 An easy hike in to the winter nature of Dimaro Folgarida  
19:00 towards the Val Meledrio. A valley, rich not only in nature but also in cultural practices, thanks to the ecomuseum. For a fee. Booking required by 12:00 of the day of the activity.  
0463 986608 - 0463 986113

**Val di Sole**  
**WOW** **MEZZANA** - Ortisé at Casa dell'Ape  
**FROM THE WOODS...TO A BEEHIVE\***  
14:00 A lab to know the world of bees, how to build a beehive and how  
16:00 it works. Together with us you will create a handmade souvenir to take home with you. And finally, you will taste our honey and jams. For a fee. 333 3509094 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

**Val di Sole**  
**WOW** **VERMIGLIO** - Vicolo Somacort, 31  
**DISCOVER THE SECRETS OF KNITTING\***  
10:30 Soft wool transformed into warm and comfortable tailor-  
11:30 made clothes, ready to wear! Come to visit Viola and observe transforming the wool of the sheeps from Val di Peio into knitwear and make a cute sheep-shaped pin to take home. For a fee. 346 1539427 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

**MuoverSi** **PASSO TONALE** - Tourist Information Office  
**ALTIPORTO\***  
14:00 An easy loop trail towards the altiporto (mountain landing strip)  
16:30 from where we will enter into the forest, leaving traffic noise behind us, and start to search for tracks left by wild animals that inhabit the forest while learning how to move safely in the mountains during the winter season. Elevation gain: 100 m. Hiking difficulty: easy. For a fee. Booking required at Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

**MO** **PASSO TONALE**- Valena slope  
**VE** **SKIING AT NIGHT**  
20:30 Skipasses available for purchase onsite. In case of bad  
23:00 weather, the activity will not take place.

**MO** **PEIO** - Cogolo at Centro Fondo Biancaneve  
**VE** **FREE CROSS-COUNTRY SKI LESSONS\***  
10:00 You will learn the techniques of cross-country skiing with  
12:00 our ski instructors. Equipment rental for a fee. 0463 754345 - 0463 753100

**WI** **PEIO** - at the top of Doss dei Cembri chairlift  
**LD** **WATCH OUT FOR ANIMALS!**  
10:30 On the slopes to observe the fauna in its natural habitat.  
14:30 Free activity. In case of bad weather, the activity will not take place. Free activity

**FO** **PEIO** - Casanova Agricultural Farm  
**OD** **A VISIT TO CASANOVA FARM\***  
17:00 Discover the life of a mountain farmer, his world and his  
18:30 animals. For a fee. 0463 754345 - 0463 7531000

**MuoverSi** **PEIO** - Peio Fonti at Piazzale Telecabina  
**A STARRY SKY\***  
21:00 An adventurous evening in the woods! As we listen to  
23:00 the sounds of nature at night, we will discover a whole new world that, after sunset, is usually only inhabited by animals! During our outing we will also have a look at the sky to learn how to spot various constellations. Elevation gain: 200 m. Hiking difficulty: easy. For a fee. Booking required at Peio Visit Centre, Rabbi Park Info Point, Tourist Information Offices or at the website [www.visitvaldisole.it](http://www.visitvaldisole.it)

## Wednesday **31** JANUARY

**MO** **DIMARO FOLGARIDA** - Monclassico at the train station  
**VE** **FOREST BATHING & ECOART\***  
09:45 Thanks to forest bathing, we will develop a connection with  
12:15 nature through our senses. We will have fun with ecoart and snowart, through dynamic and creative activities. For a fee.  
0463 986608 – 0463 986113



### **DIMARO FOLGARIDA** - Dimaro at Ristorante Dolomiti **BUSHCRAFT**

14:00  
17:00

Learn how to survive in the wilderness, without any modern comforts: you will find all the things you need in the wood. For a fee. The activity must be booked 2 days in advance. 0463 636175 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



### **DIMARO FOLGARIDA** - Monclassico at Maso Toffe **NONNA OLIVA'S POLENTA**

16:30  
20:30

Help Leonardo light the fire and prepare the typical Trentino polenta following the recipe of Granny Oliva. And afterwards... let's enjoy the traditional cuisine combined with excellent products and mulled wine from Maso Toffe. For a fee. Booking required by 16:00 of the previous day. 342 5529282 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



### **DIMARO FOLGARIDA** - Presson at the church **DIVINUS**

17:00  
19:00

Taste local products with an expert that will tell you about culinary traditions of Val di Sole in the magical atmosphere of a "Volt" (cellar) of 1700s. For a fee. Booking required by the 12:00 of the previous day. 0463 986608 - 0463 986113



### **MEZZANA** - Marilleva 1400 at the Tourist Information Office **DISCOVER VAL PANCIANA\***

09:15  
12:30

Starting right in the heart of the Skiarea Campiglio Dolomiti di Brenta, we will reach the Orso Bruno Mountain hut, where you can enjoy a fantastic view of the Brenta Dolomites. Elevation gain: 250 m. Hiking difficulty: easy/medium. For a fee. Booking required at Tourist Information Offices or on the [www.visitvaldisole.it](http://www.visitvaldisole.it)



### **PASSO TONALE** - Grand Hotel Miramonti **DEFYING AEOLUS**

09:00  
12:00

Have you ever tried snowkite at Passo Tonale? An exciting adrenaline-filled winter sport that allows you to whizz on white slopes with a snowboard or ski through the white mountain of Tonale. For a fee. The activity must be booked 3 days in advance and in case of favourable wind conditions. 327 2041363 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



### **PEIO** - Peio Fonti at Peio Thermal Spa **MOUNTAIN WELLNESS AND GOODNESS\***

10:00  
13:00

Relax yourself in an alpine stube with the aromatic scent of Swiss stone pine wood. The sauna, Turkish bath and whirlpool will be completely at your disposal. For a fee. 0463 753226 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



### **PEIO** - Peio Paese at bus parking **COVEL LAKE\***

14:00  
16:30



The relationship between man and nature characterizes this simple excursion which, among enchanting landscapes and local fauna, will take us to the plain of Covell, where, hidden under the snow, lies a very important carbon reservoir: the peat bog. Elevation gain: 250 m. Hiking difficulty: easy. For a fee. Booking at Peio Visit Centre, Rabbi Park Info Point, Tourist Information Offices or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



### **PEIO** - Cogolo at Pejo Craft Brewery **GUIDED TOUR TO A CRAFT BREWERY AND BEER SAMPLING\***

17:00  
18:30

Discover the secrets behind the production of the excellent craft beer brewed with the precious spring water of Val di Pejo. Sample various types of beers, paired with a selection of local products. For a fee. 377 4386829 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



### **PEIO** - Skiarea Pejo 3000 **PEJO SKIALP UNDER A STARRY SKY**

18:00  
22:00

Let's practice ski mountaineering on Pejo 3000' slopes. Free access on Mezoli, Tarlenta and Doss dei Gembri slopes. Lo Scoiattolo Refuge and Doss dei Gembri Refuge are open for dinner! Headlamp is mandatory.



### **RABBI** - San Bernardo at Kneipp path **BAREFOOTING**

Thanks to an expert naturopath you will discover the benefits of barefooting. At the end, enjoy a tasty snack at the Pasticceria Silvia. For a fee. Booking required by 12:00 of the day of activity. 0463 985048 or on the website [www.visitvaldisole.it](http://www.visitvaldisole.it)



### **RABBI** - Loc. Plan at Centro Fondo **FREE NIGHT CROSS-COUNTRY SKI LESSONS IN THE STELVIO NATIONAL PARK\***

18:00  
20:00

Discover the pleasure of skiing slowly following your rhythm and admiring the beauties of Stelvio National Park with an instructor. For a fee. Booking required: 334 6009218 - 0463 985048

# Experience the pristine nature of the Stelvio National Park

Here, deer, chamois and roe deer find pristine areas to hide, in the blue sky of the high-altitude eagles and lammergeiers fly. Discover the Park with our expert guides: snowshoeing, excursions and guided tours in Val di Peio and Val di Rabbi in the silent white of winter.

Discover the program on  
[www.parcostelviotrentino.it](http://www.parcostelviotrentino.it)



PARCO  
NAZIONALE  
DELLO  
STELVIO

NATIONAL  
PARK  
STILFSER  
JOCH



winter ❄️ 2023\_24

# EVE NT

