

LOCATION TERZOLAS

1 MALGHETTO DI TERZOLAS BASSO 1477 m

- 4 hours round trip
From Banchie, to the north of Terzolas, take the 'Cima Vesa' SAT trail 117A that follows the 'old mountain road'...

PROPERTY OF Comune di Terzolas INFO 0463 901309 - 388 8469138



LOCATION VAL DI RABBI

5 MALGA CORTINGA ALTA 2057 m

- 4 hours round trip
From Masi di Zora, above Pracorno, walk along the dirt road towards Malga Mondent...

PROPERTY OF Comune di Cavizzana INFO 0463 901100

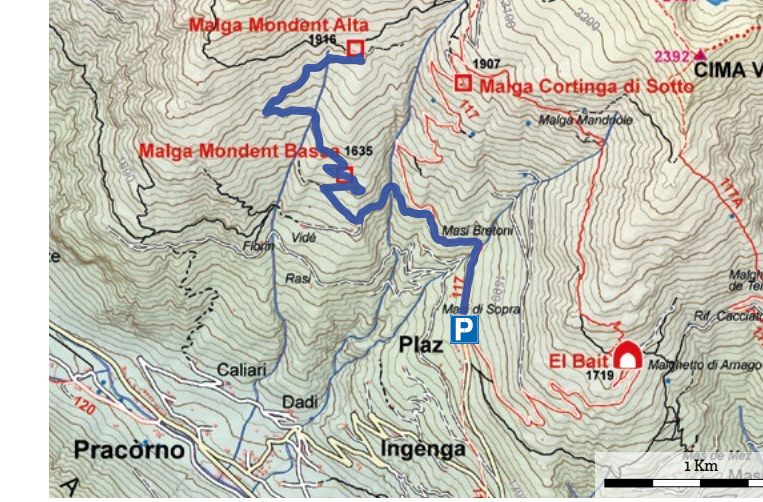


LOCATION VAL DI RABBI

9 MALGA MONDENT ALTA 1913 m

- 2 hours round trip
From Masi di Zora, above Pracorno, follow the dirt road for Malga Mondent Bassa and Alta...

PROPERTY OF ASUC Arnago INFO 345 1002503



LOCATION VAL DI RABBI

13 MALGA POLINAR 1761 m

- 2 hours 30' round trip
From the car park in Fontanon, along a rough track to Malga Stabiet and SAT trail 172, reach the mountain dairy...

PROPERTY OF ASUC Bozzana INFO 347 3197703 - 350 0369849



LOCATION VAL DI RABBI

17 MALGA TREMENESCA 2004 m

- 2 hours 30' round trip
From the car park in Fontanon, after Rabbi Fonti, follow signs for Malga Tremenesca...

PROPERTY OF Consortela Tremenesca INFO 334 3914828



LOCATION VAL DI RABBI

2 MALGA ARTISÉ Terzolas 1890 m

- 3 hours round trip
After leaving your car in the car park in Cavallar (Comune di Rabbi), take SAT trail 130 until you reach the mountain dairy...

PROPERTY OF Comune di Terzolas INFO 339 6041057 - 338 5011036



LOCATION VAL DI RABBI

6 MALGA FRATTE BASSA 1482 m

- 40' round trip
From the car park in Coler, after Rabbi Fonti, take the unmade road sign-posted for the mountain dairy...

PROPERTY OF Consortela Fratte INFO 339 2868811 - 331 4633633



LOCATION VAL DI RABBI

10 MALGA MONTE SOLE 2053 m

- 4 hours 30' round trip
From Rabbi Fonti, take the forest road following SAT 109 signs to the mountain dairy...

PROPERTY OF Consortela Monte Sole INFO 0463 636134 - 339 1310314



LOCATION VAL DI RABBI

14 MALGA STABLASOLO 1539 m

- 40' round trip
From the car park in Coler, follow the trail beside the River Rabbies to the mountain dairy...

PROPERTY OF Consortela Stablasolo INFO 388 8639582



LOCATION VAL DI RABBI

18 MALGA VILLAR ALTA 2183 m

- 4 hours 30' round trip
From Rabbi Fonti, take SAT trail 109 to Malga Monte Sole and from there to Malga Villar Alta...

PROPERTY OF Comune di Malé INFO 347 1911389 - 0463 900206



LOCATION VAL DI RABBI

3 MALGA CERCEN BASSA 1969 m

- 5 hours 30' round trip
From Rabbi Fonti, take the forest road through Val Cercen, following SAT 109 signs to the mountain dairy...

PROPERTY OF Consortela Cercen INFO 338 9986976



LOCATION VAL DI RABBI

7 MALGA GARBELLA ALTA 2098 m

- 4 hours 30' round trip
From Penasa, above San Bernardo, follow signs for Malga Garbella Bassa and Alta...

PROPERTY OF Consortela Garbella INFO 392 2374951



LOCATION VAL DI RABBI

11 MALGA PALÙ Rabbi 2088 m

- 4 hours round trip
From the car park in Cavallar, above Piazzola, follow SAT trail 108 and after reaching Malga Caldesa Bassa continue along the forest road...

PROPERTY OF Consortela Palù INFO 335 221517



LOCATION VAL DI RABBI

15 MALGA STABLAZ Maleda Alta 2060 m

- 3 hours round trip
From Fontanon Mountain Refuge, above Piazzola, follow SAT trail 108 and after reaching Malga Bassa and then to Malga Alta...

PROPERTY OF Comune di Malé INFO 346 6810762



LOCATION MALÉ

19 MALGA MAS DE LA CROS Bolentina Bassa 1600 m

- 1 hour 45' round trip
From Bolentina follow signs for Mas de Mez and then continue along the dirt road for 500 m to the car park...

PROPERTY OF ASUC Bolentina INFO 339 7390533 - 340 7320713



LOCATION VAL DI RABBI

4 MALGA CESPEDÉ Samoclevo 1892 m

- 2 hours 30' round trip
Starting from the car park in Cavallar, above Piazzola, first follow SAT trail 108. At the fork, continue to Malga Samoclevo along SAT trail 130...

PROPERTY OF ASUC Samoclevo INFO 339 7147843 - 0463 901471



LOCATION VAL DI RABBI

8 MALGA MANDRIE ALTA 2029 m

- 5 hours 30' round trip
From Penasa, above San Bernardo, follow signs for Malga Garbella Bassa and then for Malga Colci to reach Malga Mandrie Alta...

PROPERTY OF Consortela Mandrie INFO 333 8377197



LOCATION VAL DI RABBI

12 MALGA PALUDÉ Caldesa Bassa 1835 m

- 2 hours round trip
From the car park in Cavallar, above Piazzola, follow SAT trail 108 to the mountain dairy...

PROPERTY OF ASUC Caldesa INFO 339 1029549



LOCATION VAL DI RABBI

16 MALGA STABLETI 1576 m

- 10' round trip
From the car park in Fontanon, follow the rough track on the left and the mountain dairy is just 300 metres further on...

PROPERTY OF ASUC San Giacomo INFO 339 1742304



LOCATION CROVIANA

20 MALGA SADRON 1415 m

- 3 hours round trip
From Cave di Monclasio, follow the forest road to the malga or mountain dairy...

PROPERTY OF Comune di Croviana INFO 349 1247175 - 347 3617966



The World of the Malge in Val Di Sole

The Alpine pastures were originally used to exploit resources in the mountains in an age when agriculture was at subsistence level...



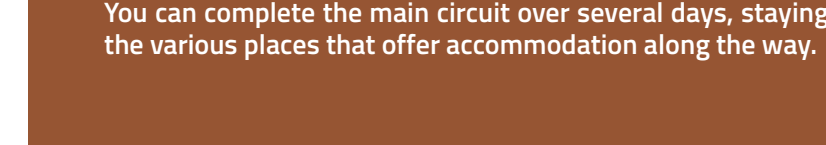
Via delle Malge in Val di Sole

More than 100 kilometres of trails and old forest roads that connect the main malge or farmhouses into two important protected areas...

STARTING POINTS:

- VAL DI RABBI Pracorno and Masi di Zora, Piazzola in Rabbi, car park at Fontanon, Coler car park
VAL DI PEIO Celentino, Malga Campo
VAL DI SOLE Ortisé, Fazzon in Pellizzano, Mezzana/Marilleva 1400, Daolasa in Commezzadura, Folgarida and Folgarida Belvedere

You can complete the main circuit over several days, staying at the various places that offer accommodation along the way.



ga or farmhouse. Their distinguishing feature today is the high number that process milk to make excellent dairy products with unique characteristics...

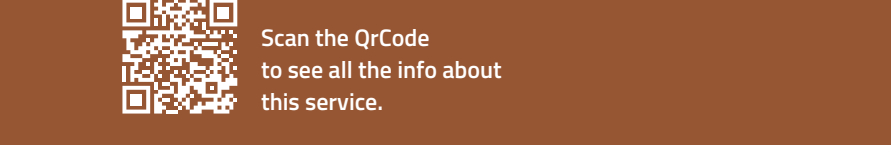


Mobility in Stelvio National Park

The Stelviobus will bring you quite close to some of the malge in the Park.

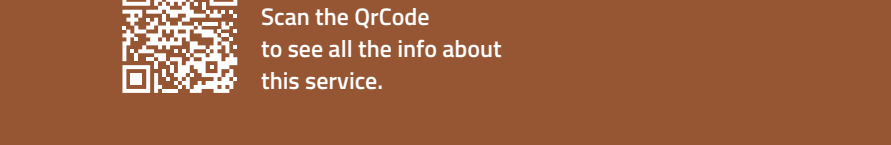
STELVIOBUS RABBI

- Line 1 PLAZZE DEI FORNI - CÖLER
Line 2 PLAZZE DEI FORNI - MALGA MONTE SOLE ALTA
Line 3 PLAZZE DEI FORNI - MALGA MALEDA BASSA
Line 4 SAN BERNARDO - MALGA CALDESA/SAMOCLEVA



STELVIOBUS PEIO

- Line 1 PEIO FONTE - FONTANINO



LOCATION DIMARO FOLGARIDA

21 MALGA DI DIMARO 1670 m

- 3 hours round trip
From Casina in Folgarida, follow SAT trail 256 to the malga or mountain dairy
1 hour 30' round trip
You can also reach it using the ski lifts to Malghet Aut and then continue down the forest road...

PROPERTY OF ASUC Dimaro INFO 333 2367788

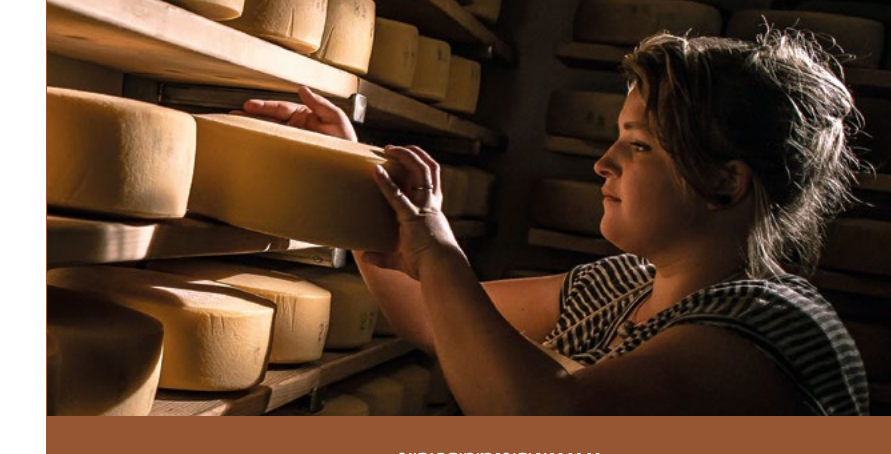


LOCATION DIMARO FOLGARIDA

22 MALGA PRESSON BASSA 1292 m

- 2 hours 30' round trip
From Dimaro, after the Venetan Sawmill, follow the rough track that goes through Val Mieldro to the mountain dairy
1 hour 30' round trip
From Belvedere di Folgarida go down the Masi di Roncola road and follow the signs
Permission must be requested from the ASUC office at Comune di Dimaro Folgarida
Calves, cows

PROPERTY OF ASUC Presson INFO 0463 970873



Val di Sole logo and social media icons (Facebook, YouTube, Instagram, Twitter, LinkedIn, etc.)



LOCATION: COMMEZZADURA

23 MALGHETTO DI ALMAZZAGO 1389 m

1 1 hour round trip
From the square in Folgaria, at the side of the cable car, follow the signs for the malghetto or little farmhouse.

2 1 hour 45' round trip
Leave your car near the Malghetto di Nestrigo, on the way to Marilleva 1400, a few minutes from the intermediate Daalasa station and follow signs for the malghetto or little farmhouse.

Permission must be requested from ASUC di Almazago only if absolutely necessary.

PROPERTY OF ASUC Almazago
INFO 347 0588221 - 335 6978778

LOCATION: PELLIZZANO

27 MALGA ALTA DI FAZZON 1546 m

1 2 hours round trip
On SAT trail 203 from the car park at Lake Caprioli to the mountain dairy.

3 3 hours round trip
From Marilleva 1400, initially along SAT trail 202 and then along a rough track to the mountain dairy.

Permission must be requested from the manager or ASUC di Pellizzano.

2 Dairy cows, ponies, donkeys, pigs, hens, rabbits.

PROPERTY OF ASUC Pellizzano
INFO 339 6682200

LOCATION: VAL DI PEIO

31 MALGA CAMPO NESTALP 1929 m

1 1 hour round trip
By car to the car park in San Antonio, above Celentino, (4 km of rough track). Then about another 1.5 km again on a rough track, this time on foot.

Permission (for the last stretch of road) in the case of any particular needs must be requested from the manager of the malga.

2 Dairy cows, horses, pigs, donkeys, hens.

PROPERTY OF ASUC Cellentino
INFO 335 5459515 - 0463 636099

LOCATION: VAL DI PEIO

35 MALGA SALINE 2089 m

1 1 hour 15' round trip
Take the cable car from Peio Fronti to the Scioatollo Mountain Refuge. From here, follow the signs leading to the mountain dairy.

3 3 hours round trip
By car as far as San Rocco (above Peio Paese) where you pick up SAT trail 105 to the mountain dairy.

Not accessible by car.

2 Dairy cows.

PROPERTY OF ASUC Peio Paese
INFO 328 1570139

LOCATION: VERMIGLIO

37 MALGA SAVIANA 1917 m

1 2 hours 30' round trip
Drive from Vermiglio, park in Dazi and follow signs for Malga Saviana. From here you can also reach Malga Bassa in 45 minutes.

Permission must be requested from Comune di Vermiglio. Continue from Vermiglio for about 1 km towards the Tonale Pass, then take the forest road for about 3 km.

2 Dry and dairy cows, heifers, calves.

PROPERTY OF Comune di Vermiglio
INFO 347 4075795

LOCATION: VERMIGLIO

39 MALGA TONALE 1930 m

1 20' round trip
Leave your car in the big car park at the Valbiolo chairlift and take the tarmacked road up towards the Ospizio San Bartolomeo; the mountain dairy is easy to spot on the right-hand side of the road.

No permission required.

2 Dairy cows.

PROPERTY OF Comune di Vermiglio
INFO 347 6794909

LOCATION: MADONNA DI CAMPIGLIO

41 MALGA VAGLIANA 1974 m

1 1 hour 15' round trip
From the car park in Grosè (after the Campo Carlo Magno Pass) continue by car to Poza Vecia and park. From there you can walk to the mountain dairy.

Not accessible by car.

2 Dry cows.

PROPERTY OF ASUC Almazago
INFO 335 6978778

LOCATION: COMMEZZADURA

24 MALGA MESTRIAGO BASSA 1400 m

1 The malga is on the road for Marilleva 1400 and you can park there.

2 Heifers, young heifers, calves.

PROPERTY OF Comune di Commezzadura
INFO 333 3638454

LOCATION: PELLIZZANO

28 MALGA POZZE 2237 m

1 3 hours round trip
2.5 km above Ortisè there is a car park when you can leave your car. From here, continue straight along the forest road for about 5 km to the mountain dairy.

Permission must be requested from the ASUC Termenago or ASUC Castello office or Comune di Mezzana.

2 Dry cows.

PROPERTY OF ASUC Termenago
INFO 328 8294135

LOCATION: VAL DI PEIO

32 MALGA COVEL 1856 m

1 2 hours round trip
From the car park at the little church of San Rocco in Peio Paese, follow signs for Malga Covell.

2 2 hours round trip
From Peio Fronti take the cable car to Tarienta and then follow SAT trail 127 for about 30' taking the fork for Lake Covell.

From the little church of San Rocco, continue along the rough track for about 1 km to the meadows in Covell about 700 metres from the malga or farmhouse.

2 Goats, sheep.

PROPERTY OF ASUC Peio Paese
INFO 338 7772051

LOCATION: VAL DI PEIO

36 MALGA VAL COMASINE 2088 m

1 1 hour 15' round trip
From Camp de Comasine, where you can park, go up the rough track to the mountain dairy.

From Comasine, continue for about 5 km along the rough track (no permission required during the summer).

2 Cows, horses, donkeys.

PROPERTY OF Fraz. Comasine
INFO 335 1204999 - 0463 616376

LOCATION: VERMIGLIO

38 MALGA STRINO 1937 m

1 2 hours 30' round trip
On the SS 42 Tonale Pass state road, 800 metres after Forte Strino park, the layby on the left and pick up the rough track on the right that, after about 3.5 km, will lead you to the mountain dairy.

Permission must be requested from Comune di Vermiglio or from the ASUC di Castello.

2 Dairy cows.

PROPERTY OF ASUC Castello
INFO 333 6320502

LOCATION: MADONNA DI CAMPIGLIO

40 MALGA MONDIFRÀ 1632 m

1 1 hour round trip
From the car park in Grosè, after the Campo Carlo Magno Pass, you will come to the mountain dairy after about 1.8 km of rough track.

No permission required to use the road that starts in the car park in Grosè.

2 Dairy cows, heifers, calves, pigs, hens, donkeys.

PROPERTY OF ASUC Monclassico
INFO 347 9415634 - 0465 440855

KEY:

- ON FOOT RECOMMENDED
- ON FOOT ALTERNATIVE
- ON FOOT ALTERNATIVE
- BY CAR
- FARM SHOP
- FOOD
- ACCOMMODATION
- ON-SITE CHEESE MAKING
- ANIMALS PRESENT
- SHUTTLE BUS
- E-BIKE CHARGING POINT

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LOCATION: MEZZANA

25 MALGA BRONZOLO 2085 m

1 4 hours round trip
From the car park 2.5 km from the town of Ortisè, continue to Malga Stabi and, once there, after a further 3 km on the rough track you will come to the mountain dairy.

Not accessible by car.

2 Dairy cows, heifers, calves (in the months of July and August).

PROPERTY OF ASUC Ortisè
INFO 0463 757282

LOCATION: OSSANA

29 MALGA VALPIANA 1311 m

1 2 hours 30' round trip
Start out from Ossana along the forest road that goes up to Valpiana, all the way to the mountain dairy.

2 2 hours round trip
You can also reach it from the car park at Lake Caprioli along the rough track that leads off to the right.

No permission required to use the partially tarmacked road that starts at the church in Ossana, for about 3 km.

2 Dairy cows, heifers, pigs.

PROPERTY OF Comune di Ossana
INFO 347 7751080

LOCATION: VAL DI PEIO

33 MALGA PALÙ Peio 1826 m

1 2 hours round trip
From the car park in Fontaino, in Val del Monte, follow the trail towards Lake Plan Palù and from here to the mountain dairy.

By car as far as Fontaino. You can also reach Fontaino using the Stelvio bus.

2 Dry cows.

PROPERTY OF ASUC Cogolo
INFO 329 0910839 - 335 221517

LOCATION: MEZZANA

26 MALGA MONTE BASSA 1699 m

1 1 hour round trip
From Ménas, walk along the level unmade road for about 3 km to the mountain dairy.

Not accessible by car.

2 Dairy cows, heifers, calves, (the cattle remain until 30/06 and are then moved to Malga Bronzolo).

PROPERTY OF Comune di Mezzana
INFO 0463 757282

LOCATION: VAL DI PEIO

30 MALGA BORCHE 1808 m

1 3 hours round trip
From Cogolo (Via Cercen) take SAT trail 109B to the mountain dairy. From here it's a 30-minute walk to Malga Levi.

2 3 hours round trip
From the church in Celledizzo, take SAT trail 109 to the mountain dairy.

Permission must be requested from ASUC Celledizzo or the Comune (Municipality offices).

2 Dry cows, calves.

PROPERTY OF ASUC Celledizzo
INFO 340 1016179

LOCATION: VAL DI PEIO

34 MALGA PONTEVECCHIO 1750 m

1 4 hours 30' round trip
From Pont in Cogolo, head towards Pokeners and continue to Ognolo until you reach the Tabà car park and here pick up SAT trail 140 bis to reach the malga or farmhouse.

No permission needed 200 m from the Pontevecchio car park in the direction of Malga Mare.

2 Cows, heifers.

PROPERTY OF ASUC Cogolo
INFO 329 0910839

